Use of evidence-based guidelines in practice by patient providers and healthcare agencies

Author name

Affiliations

Evidence-based guidelines have been part of clinical practice for decades. However, the recent increase in the use of these guidelines has different purpose (Duquesne, n.d.). Cutting costs, innovative health care sponsoring arrangements as well as the conversion of medicine toward more multidisciplinary are different purposes behind the use of evidence-based guidelines. Evidence-based guidelines are used by practitioners for effective decision making. These reduce the inappropriate differences in practice to ensure the delivery of high-quality health care (Stevens, 2013). These guidelines also make healthcare professionals responsible for different clinical activities (Duquesne, n.d.). This paper will discuss the importance of the use of evidence-based guidelines in practice by patient providers and healthcare agencies.

Health care agencies make use of evidence-based practice (EBP) to direct nursing care as well as advanced patient outcomes. Health care practitioners use evidence-based practice (EBP) as a problem-solving approach to answering different health care questions with an evaluative approach. Use of EBP results in more unfailing clinical references and practice across the health service. Moreover, EBP also includes patient preferences and values (Stevens, 2013). Health care organizations can use evidence-based guidelines to take different advantages. For instance, healthcare costs are reduced by making these guidelines as a part of legal contracts between providers and purchasers. In addition, guidelines are used as a standard framework for measuring the quality of care. For example, the American College of Chest Physicians (ACCP) Conference on Antithrombotic and Thrombolytic Therapy has a publication that is used as an evidence-based guideline by health practitioners. Therefore, practitioners use these guidelines in clinical decision-making but to convert the medicine toward more multidisciplinary.

References

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