**CASE STUDY**

Your Name (First M. Last)

School or Institution Name (University at Place or Town, State)

**CASE STUDY**

**Problem statements and goals:**

Problem statements:

1. Mom doesn't find any time to spend with her children because of her tough job hours, due to which she is unaware of her children’s activities and their school progress. This is a concerning situation for her.
2. Kelvin, her son is losing interest in studies and mom worries that his company is also not good, which might result in him leaving school like his half-sister.
3. Mom feels unable to help Elise her daughter who is 20 years old, and left school at age of 16, now she is pregnant and works at minimum wage, mother concerns that how she will afford her new life.
4. When James, the father comes to live with family, they face space and privacy issues due to the size of the apartment. And mom fears that if a landlord might know about James lack of a lease, he might kick them out of the apartment.
5. Mom is considering taking a college degree so that she can play a better role in her supporting family, but don't have financial support to take a decision.

Goals:

1. Increase communication between mom and her children
2. Communicating with Kelvin about his dropping grades at school.
3. Formulate a strategy to enable mom to deal with Elisa's situation.
4. Make mom understand that she needs to have a goal-oriented communicated with James to make him understand his role in the family.
5. To help mom get a college degree.

**Review: Problem statements and initial goals**

Problem statements:

1. Mom can’t find time to give attention to her kids and their activities due to job requirements.
2. Mom fears that Kelvin might not make it to high school due to his dropping grades and interest in studies.
3. Mom feels unable to help her daughter who left studies and now is pregnant. Alice is working at a lower wage and can't afford an adult life.
4. Mom is concerned about the father's irresponsible role in a family which might get her family kicked out of the duplex.
5. Mom has no financial support to continue her studies that is her only chance at a better life.

Goals:

1. Mom needs to increase her communication with children
2. Kelvin should be communicated about the consequences of his decision regarding studies.
3. Help mom finds relief in Elisa's situation.
4. To help mom inform James clearly about the possible consequences of his actions on the family.
5. Mom needs to formulate a long term plan to get a college degree.

**Plan of Services for the client**:

1. Increased Communication

Mom needs to enhance communication with her children, even if it means that talking to them on Sundays. She needs to formulate routine with kids for the weekend and discuss their activities and studies. Through which she can help Kelvin realize the consequences of his life choices. She needs to adopt a kind and empathetic strategy with her kids and

1. James Role

Mom should communicate with James about his role in the family and the negative effects that his actions might have on the children. Mom needs to force James to take a decision about his family role if he needs to stay part of the family.

1. College degree

College degree is not only important for mom, but also for Elisa. Mom needs to encourage Elisa to take certification and study for diplomas during her pregnancy so that she can afford a better life for herself. Mom needs to communicate her about her own decision of getting a college degree as ways to motivate her(ColumbiaCollegeOnline, n.d.).

**References**

ColumbiaCollegeOnline. (n.d.). *HUMS 325: Client Interview*. Retrieved from https://www.youtube.com/watch?v=HmGS37XsryU&feature=youtu.be