**Adolescent Psychology, week 6**

Your Name (First M. Last)

School or Institution Name (University at Place or Town, State)

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**Answer 1:**

Different studies show the link between adolescent development with the genetic influence, environmental factors, and personal projections. In my opinion, all three factors play an important role in developing the adolescent’s personality. In the initial stage of adolescent genetic influences play an important role, but the more teenager grows the environmental factors start to play their role.

In the early and mid-twenties individuals start to pay attention to the societal norms and start to form their decisions according to the societal and environmental influences. And these influences start to form their behavioral patterns. Similarly, their influences along with the individual’s construction form their reactions and actions. This combination of environmental influence and personal construction can override or change the genetic behavior patterns or change them(Hopwood et al., 2011).

**Answer 2:**

Advanced psychological adolescent development involves cognitive, emotional and social development in the individuals. Secondary schools can help students in their advanced development by providing them all the necessary resources to the students ranging from secondary education resources to the resources required for the extracurricular activities.

Studies prove that engaging the extracurricular activities improves their academic performance and provide students the opportunity to interact and explore the interests and perspectives in a broader sense. They learn skills like goal settings, time management, prioritization, analytical skills, public speaking, communication, and problem-solving skills, that helps them grow as healthy individuals(“SPSSI Journals,” n.d.). Schools giving opportunities to students to improve and develop their cognitive, emotional and social skills, proves to be a great way in adolescent psychological development. The more they will come across the adult situations that involve, thinking, developing analysis and solutions, the more their minds will develop to cope with the situations. All schools should growth provide platforms to their students to help them develop into healthy skillful individuals.

**References**

Hopwood, C. J., Donnellan, M. B., Blonigen, D. M., Krueger, R. F., McGue, M., Iacono, W. G., & Burt, S. A. (2011). Genetic and environmental influences on personality trait stability and growth during the transition to adulthood: A three wave longitudinal study. *Journal of Personality and Social Psychology*, *100*(3), 545–556. https://doi.org/10.1037/a0022409

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