A Glimpse into Psychopathology and/or Treatment

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**The Three Faces of Eve**

This movie was initially released on September 23, 1957, in the USA. Eve White the protagonist of the movie feels that she has some mental disorder. She visits Dr. Curtis Luther and tells that the symptoms of some mental illness are headaches and inexplicable blackouts. Her personality switches and she becomes Eve Black usually. Dr. Luther treats her with the assistance of a senior Dr. Francis Day. Both the doctors are surprised when she attempts to switch her personality from Eve White to Eve Black through hypnosis but a third *self* appears: Jane. Dr. Luther removes both the Eves through therapies and Jane starts her happy life.

**Dissociative Identity Disorder**

Eve suffers from DID as portrayed in the movie. The patient appears under the extreme influence of this disorder. Eve White is too disappointed and depressed in her life that she attempts to cut her wrist veins with a razor. Eve Black on contrary lives a contended cheerful life and she visits the doctor in a risqué mood as she flirts with Dr. Day (Kluft, R. P. 1999). She also fears death as she tells the doctor that she is scared of Eve White's suicidal attempts. Dr. Luther applies Clinical Hypnosis Therapy to treat her effectively, but the consequences are surprised when a third face of the protagonist appears.

**Analysis**

DID is defined as “the existence in an individual of two or more distinct identities or personalities, each with its own pattern of perceiving and interacting with the environment” (Loewenstein, R. J., & Lanius, F. A. 2007). The protagonist of this movie appears perfectly according to this definition. Eve White has entirely a different personality, feelings, thoughts, and approach towards life from Eve Black. They are actually opposite to one another as described above. Jane is different from the both of them and she knows them only by name. Clinical Hypnosis according to American Psychological Association (APA) is "a procedure during which a health professional or researcher suggests that a client, patient, or subject experience changes in sensations, perceptions, thoughts, or behavior" *(Clinical Hypnosis | Taking Charge of Your Health & Wellbeing*. 2019). Dr. Luther has been portrayed as an experienced psychiatric who applies this method effectively and he handles the situation when a complexity (her third face) appears.

**References**

Kluft, R. P. (1999). Current issues in dissociative identity disorder. *Journal of Psychiatric Practice®*, *5*(1), 3-19.

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Loewenstein, R. J., & Lanius, F. A. (2007). Dissociative Identity Disorder. *Traumatic Dissociation: Neurobiology and treatment*, *275*.