Your Name

Instructor Name

Course Number

Date

Title: Habits of Mind

The habits of minds are the habits of approaching learning in a practical and logical way that assists students in each filed and discipline. The eight habits framework reflect on certain learning habits that impact success in school, college and in fact throughout one’s life. For the sake of this essay, I will be exploring the habit of being responsible. Being responsible is all about taking responsibility for one's own actions and knowing the consequences of those actions for oneself and for others. As I look back at my student life, being responsible has helped me on many occasions and events and saved me in each arena of my life.

The revelation that I am responsible came to me when I was in my school. I was always concerned about my good performance and never wanted to be insulted in the class. My mom never had to scold me or punish me for the school work, because I was already concerned about my performance. I also never wanted my parents to be insulted by my teacher on my poor performance. Being very responsible at school resulted in many advantages, as I was the favorite student of teachers and my parents were always free of the pressure of my school performance. I was not may be concerned about the marks and but punishments and the feeling of being disliked scared me and made me responsible when I was a kid. Although, this habit was stronger in some areas and weaker in some areas.

By the time I was growing, things changed a little bit for me and I started being careless. When I was in grade seven, I made few friends and my life spun around spending time with them and having fun all day. I was greatly affected by the company of my friends and for a certain time, I forgot what outcome my actions will bring to me. For the first time, I found my mom concerned about my performance at school. I was not willing to accept that I was being careless rather I held my teachers responsible for that. I lied to my mother that some teachers are being biased and that made her anxious. In the meantime, my father came from another country and he was jobless. I felt that my mother was already upset and I was being the source of an addition to her worries. This was the instance that made me comprehend that my actions can not only affect me but my well-wishers as well.

This point of awareness was a life-changing moment for me. I also learned one thing, that the habit of being responsible was instilled in myself and one life event was enough to impart this. I started to take care of my educational performance again since I did not want to make an addition to my parents’ worries. From that day onwards, I never asked my parents for toys or anything. I accepted whatever they gave me without any questions. I saved my pocket money to buy what I liked - mostly books, sometimes food. Alongside that, these events of my life taught me some valuable lessons as well. The lessons that have served me so far and I believe will help me in all the areas of life. I was the source of comfort for my parents and this is one of the greatest paybacks being responsible offered me. Not only it has eliminated stress and chaos from my life but I have also earned the respect of others.

Furthermore, being responsible makes me feel better about myself, and I can say that it is utterly worth it. Every step that I took to become responsible also enhanced my self-esteem and my relationship with my parents improved. Nothing is more satisfying than seeing your parents satisfied, and this is the biggest achievement of my life. I feel mature having this habit of mind since I do not blame others for anything negative that comes my way. In addition, I also understand that only I am responsible for my happiness, success, and failures. Life becomes easier as soon one understands this, and same thing happened with me.

This day and age, I strongly realize the fact that I am responsible for my happiness and my actions have some consequences for me and for the people who surround me as well. Being very responsible at the early stages of my life unearths the fact that responsibility is engrained in me. Taking responsibility for one's own actions and understanding what consequences it can bring to oneself and others are something that offers limitless rewards throughout life. It is something that is needed in professional life as well, and hopefully, it will serve in that arena of life.