Student’s Name

Professor’s name

Course Code

Date

**Race and ethnicity relation**

The race and ethnicity has been a contentious issue in the United States from the early days. However, in the beginning of 20th century, the system of segregation came to end due o political and economical changes. The article highlighted that the segregation of the African Americans came to an end because of the fight initiated by different civil rights movements. It is therefore, important to point that the rights and the freedom were as a result of sacrifices. The blacks were not able to access jobs, healthcare, school and other amenities. And despite of all these they did not lost hope and pursue a united agenda for the African Americans. Therefore, the rights and freedom were achieved through constitutional amendment, initiated after series of demonstration by civil rights movement and other parties who were opposed to the discrimination of colored people.

The landmark victory for the African Americans was the landmark ruling by the Supreme Court, which end the segregation of Jim Crow. It was followed by the enactment of law the ban discrimination of people based on color. The constitutional change of 1964, gave rise to the Civil Rights of 1964 and therefore, it was the turning point to the fight against racial discrimination in the United States. The first action, which turned the lives of African Americans, was the declaration of segregation unconstitutional by the Supreme Court. It made it impossible to continue holding slaves and therefore, many African Americans were set free. The ruling also brought to an end separation of blacks and white in schools, markets and other places. And therefore, the process of addressing the issue of race and ethnicity in the United States started way back in the 1950s.

However, the use of nonviolence also made a great contribution to the realization of the freedom and rights of the African Americans. First, it portrayed the African Americans as determined to achieve their core objectives and with much pressure from the world leaders, the United States government together with lawmakers came to the realization to amend the constitution. A lot of change since then and African Americans has been integrated into the society. The economic and political bargains have increased and therefore, it is evidence that ending segregation took a systematic process to end and it was a team work and consistency by the Civil Rights Movement leaders. Despite the improvement “the assimilation of African Americans into the society is still very low.”