Autonomy and Ethical Principles of Care

Name

Affiliation

Date

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Autonomy and ethical principles of care hold great importance in the field of nursing and healthcare. The autonomy or self-determination of the patients also holds great importance in the field of nursing and healthcare. The laws and ethics of the healthcare institution provide the patients with the opportunity of making the decisions about their health, treatment procedures and other major and minor issues. Based on the learning about the individual’s right to self-determination and autonomy, I believe that the basic patient consent form informs the patients in an adequate manner, about their medical rights. It informs the patients about the treatment options, the risks of the treatments, the care plan after the treatment, as well as the precautions that the patients have to follow during the procedure of treatment (Abushov, 2015).

The average person would not understand the basic consent form for Laparoscopic Cholecystectomy in the United States with a reading ability of a typical 8th grader. The reason behind this is that the form has used the medical terminology, consisting of words like incision, prognosis, and endoscope, etc. which cannot be understood by the common population. The people, who do not have advanced knowledge about the medical profession, would not be able to understand the form without the guidance of healthcare staff (Kennard, 2016).

The three steps that the healthcare providers can take to ensure the understanding of the patients regarding their care procedure and consent include the recognition of the rights of patients, not influencing the decision of patients and informed consent (Campbell, & Parsi, 2017).

Keeping abreast with health care trends and issues is one of the most important demands of the nursing profession. The healthcare professionals have to stay informed of the modern laws, ethics and other medical communication, in order to incorporate it into their practice and avoid any kind of problematic scenario.

References

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