Personal Leadership Philosophies

**Personal Leadership Philosophies**

**My core values**

The nurse is a person who supports, encourages and protects-a person. Care, though essential, is not enough to make a nurse good at her job. An effective nurse also need extensive training and plenty of experience. An essential prerequisite is studies and internships, of a total duration of one to four years or more. Nursing deals with the care of the individual in a variety of health-related situations. So I think that medicine is about treating the patient and nursing is about taking care of that patient. Therefore, the nurse is a caregiver. The human being is the focus of our nursing activities. This means perceiving, respecting and regarding people, considering their psychological, social and somatic situation. In order to achieve this, a trusting relationship between all persons involved in the care is necessary. Nursing care is therefore designed with the involvement of patients and their families. The doctor heals, but the nurse takes care of the patient. This often requires the support of patients who suffer both emotionally and physically when, for example, they learn that they are suffering from some chronic illness or that they are dying (Marshall, & Broome, 2017).

Emotional stability and readiness

All great leaders in history have the capacity for emotional stability even in an uncertain and unstable environment. That doesn't mean that one have to have all the answers and all the solutions. But one need to have the inner conviction that can find the answers and solutions. The secret here is to be on the alert. Feel ready to deal with any situation, even the most stressful , using humor, faith, positivity, creativity and inventiveness. The development and impact of technology are increasing pressures in the field of nursing. It is a challenge to reconcile technology with humanity, that is, with human behavior towards patients. No machine will ever be able to replace the affection and compassion of a nurse. According to Claire Fann , who is PHD in nursing says that “between the dream of Nursing and the reality of Nursing and the only way you get the reality of Nursing is if you are in a direct patient care position”(Claire ,2015)

Openness to growth

True leaders understand their strengths and weaknesses and through this knowledge they evolve. A true leader sees his failures and the criticisms he receives as an opportunity to improve and to challenge them. Career development is an essential element of leadership. That's why a leader is constantly improving and expanding his skills. If one systematically strive to improve oneself, and one will be able to give and become much more than he ever imagined. “A true leader and create the future you want and deserve by inspiring your co-workers to evolve as well”(Nagelkerk, 2015).

Encouraging the team

Successful leaders encourage their team members to express their opinion on how a job will evolve and grow. They are able to recognize the abilities of their team members and to support and encourage them. A true leader has no problem hearing another opinion from a member of his team. Even if he disagrees with one view, he expresses his view in a constructive way, without offending the other (McDaniel & Wolf, 2012). A leader knows that when someone is rewarded for his progress he will try to become even better.

Inventiveness

One of the most important skills one need to have is inventiveness or inventiveness. Discover new ways to do more with less both one and his/her team. Or one have more potential than have ever imagined one has. And that can open the way for even greater success. For even more success.

**My personal mission statement**

My personal mission / vision statement as a nurse is , I believe it is a responsibility of a nurse to provide safe ,holistic, patient centered with cultural centered approach to every patient without any discrimination. It is my duty as a nurse ,to maintain trust and confidentiality of my patients.

**An analysis of your Clifton Strengths Assessment**

According to Clifton strength assessment my dominant domain are influencing and relationship building. My top 5 signature themes are activator, competition, relator, communication and significance.

1. Activator ; according to Clifton Strength assessment my top strength is that I am activator. CS assessment explains it in these words; “when can we start?” This is a recurring question in your life. You are impatient for action. And this is true I am always passionate to start things.
2. My second strength is competition. According to Clifton strength assessment result I compare my performance with others, and this will allow me to judge my work in a better way as well as to find out my weaknesses.
3. My third strength is realtor. This theme describes my attitude toward relationships. It tells that I take care of my old relations and after an initial connection, I encourage to make make relations better and deeper.
4. My next strength is communication. According to result I would like to explain, describe, host, speak in public, and to write . I can communicate well with logic and interesting points, so people like to listen to me, and this is my big strength.
5. The fifth most important strength is significance. This means that I want to be significant for others. I want to be known and appreciated by others no matter they are my colleagues, leaders or patients.

**A description of two key behaviors that you wish to strengthen**

There are many behaviors that I need to strengthen but the two most important are ; patience and team working behavior. My results shows that I am impatience and I need to be patience because eagerness is a good thing, but patience is also very important especially in te field of nursing. My second weak behavior is that I prefer to work solo and feel comfortable however in the profession of nursing , I need to work in a group and as a team, so I have to strengthen this behavior of mine.

**A development plan to improve my behavior**

I am planning to work and improve my habit of impatience with the help of some physical training like yoga or other programs. I have to set some time frame and daily have to check my all-day activity so I can see my progress. For working in a group or team I need to tolerate other people either I like them or not or I like their way if working or not. But team means that every one need to work as a unit and fulfill his/her responsibilities in a proper manner. Through class projects and different small team works I am learning this skill.

References

McDaniel, C., & Wolf, G. A. (2012). Transformational leadership in nursing service. A test of

theory. The Journal of nursing administration, 22(2), 60-65.

Marshall, E., & Broome, M. (2017). Transformational leadership in nursing: From expert

clinician to influential leader (2nd ed.). New York, NY: Springer.

Nagelkerk, J. (2015). Leadership and nursing care management. Elsevier Health Sciences.

Claire, F. (2 Mar 2015). Lessons in Leadership: Retrieve from:

//www.youtube.com/playlist?list=PLopRJPO6GaifsYPGP\_jcWXZzU10H3AaX7

Strengths Finder: Gallup. (2018). Retrieved from https://walden.gallup.com