Triet Nguyen

Professor: Caroline Anderson

ENGL 1101

March 25th, 2019

Drug Addiction in Young Generation

**Introduction**

Drug addiction is becoming quite common among the young generation, in modern times. It is a serious issue among teenagers as well as adults. It is notable to mention that drug abuse in young generation pose greater hazard as their brains are not yet fully developed. Mostly, the young generation is attracted to drugs, in order to appear attractive and cool. They want to prove to the world that they are grown up now and they possess the potential to lead their lives, according to their choice. However, they offer to develop addiction due to overuse and the influence of the bad company. They overlook the fact that they are becoming dependent on the drugs, which are impacting different aspects of their life. Drug use may appear quite attractive to the young generation; however, drug addiction not only causes them physical and psychological health issues but also impacts the social life of the youngsters and has long term effects on their life circumstances.

**Discussion**

Drug addiction causes physical and psychological health issues to the young generation. Most of the time, the young generation is attracted to drug use to enjoy being high. They think that they would be able to feel more calm, and energetic. However, they overlook the fact that the use and addiction of drugs cause long term health consequences, which are not just limited to their physical health but also to psychological health. Drug addiction impacts the functioning of the brain, as well as heart and lungs, which can cause the death of a person as well (Arnett 238). Moreover, it can make the youngsters suicidal, as they feel depressed and experience hallucinations. Nearly 95% of all the violent crime on college campuses are associated with the drug abuse (Wilcox).

In addition, drug addiction impacts the personal and social life of the young generation. When a young person becomes dependent on the drugs, or even just starts using the drugs, he feels that he is on the right path. The drug lets them get high and overlook the stresses of life, which is a great escape for them. However, their family and friends keep stopping them from this escape. The drug addiction impacts the personal and social life of the addicts in the way that they think all the people have turned against them, as they keep telling them not to use the drugs. They think that drugs are their best friend and other people are unable to understand them. They take the advice of their loved ones negatively and hurt their feelings by abusing and hurting them. They start losing interest in different aspects of life and start depending more and more on drugs, as well as the company of drug addicts. Drug abuse is also seen as acts of rebellion. Regardless of being aware about the detrimental impact of drug abuse, young generation is not willing to stop as it makes them even more attractive (Arria 27). It is notable to mention that young generation is involved in drug addiction as the thought of doing something risky adds to the excitement. They are unable to keep a healthy relationship with their family and friends, which hurts them as well; however, they keep denying it.

Drug addiction has long term effects on the life circumstances of the young generation. Drug addiction is one of the biggest hurdles which impacts the bright future of the young generation. Addiction to drugs affects the functioning of the brain, due to which addicts are not able to concentrate on their studies and continue their education. They often cut their ties with their families and friends as well, while depending only on the company of drug addicts. Most of the times, the addicts do not want to get treated, which worsens their living conditions (Arnett 241). They lose interest in developing their career, family, and waste their remaining assets on drugs. Moreover, their physical and psychological health conditions also keep deteriorating, which can cause their eventual death. Increasing numbers of drug addiction is related to increased incidence of crime and corruption and it is also decreasing the economic development of a country. Drug abuse and crime are directly and highly correlated at the most intense levels of drug use, which significantly amplifying the criminal activities in young generation (Bachman 21). The detrimental impact of drugs alters the functional development of young adults and results in intensive hallucination, which forces them to involve in criminal activities. The statistics have shown that four of every five young adult’s arrestees are under the influence of any drug (Bachman 22).

**Conclusion**

In conclusion, drug addiction has the most deteriorating effect on the life of many young generations and it is a bad problem which society needs to be eliminated. Mostly they start using drugs just to check them, however later become dependent on them. They sacrifice their physical and psychological health for the sake of fulfilling their addiction. They also cut their ties with friends and family, by thinking that they are not being understood. Drugs addiction impacts their brain functioning, due to which they are unable to develop their career and establish their family, as their top priority is drugs, instead of career and family. This problem is growing worse; therefore, many schools should offer drug education. Young people should do own research to learn about the real risks of substance use and the benefits of recovery. The young generation can share what they have learned with friends, family and their community. Eating a balanced diet and exercising regularly is another way of preventing drug addiction. Being healthy and active makes it easier for young people to deal with life stresses.

Works Cited

Arnett, Jeffrey Jensen. "The developmental context of substance use in emerging adulthood." Journal of drug issues35.2 (2005): 235-254.

Arria, Amelia M., et al. "Drug use patterns in young adulthood and post-college employment." Drug and alcohol dependence127.1-3 (2013): 23-30.

Bachman, Jerald G., et al. Smoking, drinking, and drug use in young adulthood: The impacts of new freedoms and new responsibilities. Psychology Press, 2013.

Wilcox, Stephen. "Alcohol, Drugs And Crime." Ncadd.org. N. p., 2019. Web. Retrieved from <https://ncadd.org/index.php/about-addiction/addiction-update/alcohol-drugs-and-crime>