Response to Cindy

[Name of the Writer]

[Name of the Institution]

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 The article provided by Cindy is on the mental health issue of her mother who is suffering from dementia. She told about the factual data given by the CDC on the prevalence of this disease. The thesis statement related to the essay is very well structured as the barriers and benefits of the caregiving by family members to the mentally ill patients are informed to be discussed. The overall article is detailed with the obstacles and issues faced by the family members due to the caregiving.

 She started the essay by describing the role of the family nurse which is to give a proper care plan to the family members according to the dynamics of the relationship among the family members. Cindy gave a brief account of the benefits of caregiving by the family members, and that is it rapidly improves the patient's health because family members are more focused and compassionate. Likewise, the familiar surrounding gives them a sense of belonging and relief, and they focus more on their health (Ng et al., 2018). The issues faced by the caregiver are also explored by the writer, and she gave details about the possible psychological and physical distress suffered by the members of the patient's family.

 Cindy wrote about the experience with her mother who has dementia, how she and her brother are sole caregivers for her mother, and they provide a complete action plan with the help of a nurse, and her mother was also a nurse (Javed, & Herman, 2017). She also told about the interventions which include the definite therapeutic cure for the patients with mental health problems. Cindy concluded the essay very well by giving the facilitations about the empowerment of the family members in making health interventions for the patient. The suggestions are also provided in a precise and informative manner.

**References**

Ng, P., Young, D. K., Pan, J., & Law, K. K. (2018). The effects of a community mental health intervention project upon family caregivers of persons with suspected mental illness in the Chinese cultural context. *International Social Work*, *61*(6), 1067-1082.

Javed, A. & Herman, H. (2017, February). Involving patients, carers and families: an international perspective on emerging priorities. BJPsych International, 14(1), 1-4. Retrieved from BJ Psychic International: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5618820/