Scripture and Prayer

Author

Institutional Affiliations

Author’s Note

Scripture and Prayer

Prayers are used as a mean of therapy from different Christian counselors. They use prayers to bring healing in the lives of people and improve their core beliefs. A payer therapy can help people in living their own identity and self-concept. During a prayer, therapy the client gets involved with the methods of God’s healing interventions by a Christian professional. It is especially important in the case of believers like Mary, who actually does believe in God but there is a distance that needs to be fulfilled. A payer therapy will help Mary in better understanding of God and Jesus Christ, and it will help her understand that her father was musing the name of God for his own filthy purposes. Mary is in a situation of helpless and a prayer is a perfect therapy that can be used for her cure, because “Prayer assumes need. Prayer and helplessness are inseparable.” (McMinn, 2012).

The scriptures are the words of God that carry the power to transform the miserable lives. However, using it within counselling needs as intricate assessment to analyze their beliefs. Such as Mary had always strong belief in the words of God to an extent that she let them destroy her life. Her father made the wrong use of God’s word and projectile his evilness upon her. Such use of God’s words kills one’s souls and counselors must explain to the patients as Jesus said, “the words I speak unto you, they are spirit, and they are life” (Monroe, 2007). Scripture plays a basic role in providing a foundation or starting point for the understanding and beliefs of all Christians. It also provides a code and standards that if people follow will lead them to towards their goal.(Joyce, 2016)

Integration is an idea that Is discovered while unraveling the fundamental unity that Almighty have created and we the creation of God create our own ways of thinking, combining and applying the psychological and theological beliefs. Psychologists and theologians bring about the worldly perspectives and presuppositions of individuals into different methodologies and goals for counselling (Entwistle, 2015). The common narrative of Christian guidance is that it assists the sufferers like Mary to grow constructively within all aspects of their lives by adopting to a loving and affectionate relationship which is primarily done by the counsellors. Thus, the use of prayers and scriptures can prove to be extremely therapeutic for the patients like Mary so that their faith in God remains intact while they also get to differentiate between the right and wrong use of God’s words.

**References**

Entwistle, D. N. (2015). Integrative approaches to psychology and Christianity: An introduction to worldview issues, philosophical foundations, and models of integration. Wipf and Stock Publishers.

Joyce, E. M. (2016). Therapeutic uses of scripture in counseling. Devotionals, Discipleship. Retrieved from https://urnottheonlyone.com/2016/02/29/therapeutic-uses-of-scripture-in-counseling/

Monroe, P. G. (2007). Guidelines for the effective use of the Bible in counseling. Journal of the Society for Christian Psychology, 2, 53–61.

Retrieved from https://thecrossingchurch.com/wpcontent/uploads/pdfs/usesOfScriptureIn Counseling.pdf

McMinn, M. R. (2012). Psychology, theology, and spirituality in Christian counseling. Tyndale House Publishers, Inc.