Discussion

Name

[Institutional Affiliation(s)]

Author Note

Discussion

In recent years, transgender and bisexual people have gained much attention from media and healthcare providers. Certain health concerns are specifically related to these people such as aging and late diagnosis of the disease. These people usually face lack of services from healthcare providers. Transgender people are usually ignored in the healthcare; therefore, they are diagnosed with chronic and complex health disorders in late stages. Governments and organizations are redesigning certain policies to help these people survive in communities with freedom. Social media are also observed in recording interviews and shows for the support of these people (Cornelius et al., 2017). The education and curriculum of nursing traditionally devoid of transgender-specific content has caused a lack of attention towards these people. For example, a study was conducted on 150 medical schools and it was reported that only five hours are especially designated to the transgender-related topics in the educational curriculum (Abel et al., 2018). According to an estimate, there are around 10% of the population in the United States that are transgender and bisexual (Lim & Bernstein, 2012). These people have to live with the lack of access to healthcare services, inadequate and poor medical facilities, ignorance from staff and lower health insurance percentages. These people are not provided timely screenings and preventive measures whenever are diagnosed with certain disorders. Because of negligence and lack of access to healthcare facilities, many LGBT have been living with HIV/AIDS (Lim & Bernstein, 2012). They have a higher risk of cancers and mental health problems as compared to other people. Segregation, discrimination, and violence towards LGBT should be condemned at all levels to provide them safe and adequate healthcare services of health.

# References

Abel, J. A., Saleem, A., Turner, S., & Zumwalde, J. (2018). *Assessment of Cultural Competency of the LGBT Community in the Nursing Workforce*.

Cornelius, J. B., Enweana, I., Alston, C. K., & Baldwin, D. M. (2017). Examination of lesbian, gay, bisexual, and transgender health care content in North Carolina schools of nursing. *Journal of Nursing Education*, *56*(4), 223–226.

Lim, F. A., & Bernstein, I. (2012). Promoting awareness of LGBT issues in aging in a baccalaureate nursing program. *Nursing Education Perspectives*, *33*(3), 170–175. https://doi.org/10.5480/1536-5026-33.3.170