Title page

Opening statement

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My opening statement will explain the process of open sessions and parties that can benefit from it. This process stresses on conducting joint discussions between the clients and the meditator. I would highlight the issue of rights and entitlements of the parties in the process of meditation. When I an complete with my statement you can share your concerns and explain what you feel. Being parents of a child I would highlight the following entitlements;

1. Confidentiality

I assure you that the very information that I obtain from you will be kept confidential. Anything that I hear in this meditation will not be shared or disclosed with anyone. The courts of America consider meditation as a statement of negotiation and is admissible in all courts. However, I must inform you that I am unable to keep any information confidential that involve;

* The threat of violence, harm or adversity for the child.
* Abuse experienced by the child in past or present.
* When information is required by the government or court.
1. Voluntary

I want to tell you that the process of meditation is voluntary and it does not mean addressing your needs. I will adopt a neutral perspective but you are also allowed to leave at any time.

1. Neutrality

You are entitled to a neutral in this process. Although I tell you that I am neutral but I cannot prove this. However, as a meditator I suggest you stay neutral because it is crucial for building a relationship of trust (Crampton, 2013).

1. Capacity

I want to ask you if you have a capacity of conducting negotiations in good-faith. I will also assure that you don’t make any decision under the influence of drug or alcohol. You are free to choose your decision.

Justification

I have included the items that are essential for starting a process of mediation between the meditator and the clients. The mediator has a responsibility of informing the clients about the process and their rights. I have thus included the content in the opening statement that helps clients in understanding their entitlements. This will provide them with complete knowledge of the meditation and they would be able to take a decision freely (Sharma, 2015). The purpose of including privacy is to provide brief information about the rights that clients enjoy. As a meditator, it is crucial to guarantee the confidentiality of the information. The reason for including this is also to explain conditions in which privacy doesn't apply. Another content included in the statement is of voluntary process. This informs the clients that they are free to decide if they want to be part of meditation or not. By including this item I have fulfilled the legal responsibility as a meditator. Similarly, the item of neutrality assures the clients that the meditator must be neutral in his suggestions. I have also integrated the item of capacity for assuring that all negotiations occur in good faith.

References

Crampton, A. (2013). Elder Mediation in Theory and Practice: Study Results From a National Caregiver Mediation Demonstration Project. *J Gerontol Soc Work, 56* (5), 423–437.

Sharma, H. (2015). Meditation: Process and effects. *Ayu, 36* (3), 233–237.