Institution

Student’s name

Course

Date

**Response 1**

I agree with the writer’s view on relationship issues. It is actually one of the major issues most people face. As discussed, failure to settle different past issues well and completely is one of the things that lead to misunderstanding among couples. This, therefore, means that it is important for partners to be open with each other, communicate whatever they feel on various matters so that they can regain their peace. Talking of physical and mental issues is also a good idea, which means that disagreements not only arise from external factors but also internal factors. I think social media has a great impact on relationships today. This is because most people expose their personal issues, making the public to realize their weaknesses and they start giving opinions which might even make the partners to part. It is important to settle such issues among the couple or consulting relevant people privately who might give relevant advice.

**Response 2**

The writer’s view of eating disorders is also nice. He points out that there are various factors which lead to eating disorders among people. This includes external factors like trying to imitate regulate eating habits in order to have attractive bodies, and at the same time, we have medical issues which affect the eating habits of an individual. One of the ideas I have that can be used in preventing eating disorders is education people within society. They need to understand the importance of first appreciating their physical appearances and also the need for taking healthy meals for the sake of their health. Through education they people will also understand different measures that should be considered while taking different meals in order to avoid developing eating disorders. Actually social media has a great impact on what we think about ourselves because most of us end up comparing themselves to other people rather than appreciating themselves.