**Life Expectancy in Saudi Arabia**

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The life expectancy at the time of birth in Saudi Arabia has increased significantly between 1970 and 2018. It successfully increased from 52.23 in 1970 to 74.90 at the end of 2018. (MacroTrends, 2019) Much of this betterment is attributed to improvements in the departments of health and human development. Saudi Arabia has increased immunization coverage against infectious diseases. This has directly led to a decrease in mortality rates caused by lethal diseases. The progress also indicates a successful coverage of other factors that may contribute to a low life expectancy at birth. Other than infectious diseases, a major factor that also falls in the category of health-related problems is obesity. Terminal diseases brought about by this obesity, when coupled with smoking, has led to astounding young mortality rates in the Saudi Arabia in the past. Moreover, traffic accidents also contribute. Therefore, this increase in life expectancy in recent years is a clear indication of the progress being made in departments directly or indirectly related to young mortality.

Saudi Arabia launched a bold Vision 2030 in 2016. It is a comprehensive plan for betterment of living standards for the people of Saudi Arabia. A major part of this plan is to transform the oil-dependent economy of Saudi Arabia to one that is not so completely dependent on oil. Therefore, the basic idea also revolves around globalization and a better integration of Saudi Arabia and its people into the world at large. Life expectancy is also a part of this vision as it plans to increase the life expectancy at birth in Saudi Arabia to 80 years. (Bah, 2018) This proves that an increase in life expectancy is not only related to overcoming health-related factors but also relates to development in other sectors which happens through globalization.

# References

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