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Unit 4

# Introduction

Schizophrenia is known as a psychiatric disorder that alters the person's behavior, thoughts, perceptions, and moods. However, based on the major complications and the treatment of this illness, there exist different research findings, which points that there is a difference between the improvement rate of schizophrenic patients in developing and developed countries. Hence, for looking at the possible reasons for this stance, this paper will attempt to explain these findings.

**Discussion**

The findings regarding, improvement rates of the schizophrenic patient in developing and developed countries can be explained with the facts that the culture of third world countries and the developed such as western countries is entirely different. Moreover, it can be noticed that there lies an individualistic culture in developed countries, however, third countries believe in collectivistic society, and that increases the chances for such patients to have social support from the family, friends and significant others (Loh, 2018). On the other hand in the developed countries such patient does not get social support at this extent which leads them to less improved conditions even after the treatment.

The findings related to onset age and gender differences can be explained, as the major causes of this psychiatric illness are similar for both the genders such as genital makeup, substance use, mental makeup, etc. hence, in any case if any of the gender and age shows these causes, that would result in schizophrenia, whether it is male or female (Ordóñez et al., 2016). However, the improvement rate for both gender might b different based on culture, social support, country, and ethnicity.

The clinical treatment modalities in the western (developed) countries are very helpful for the schizophrenic patients, however, the facilitation of these patients can be done by the help of developing a psychosocial interventions and help them to have motivation, social support, healthy relationship, and care in order to show improvement and recovery in our communities.

# Conclusions

As schizophrenic patient needs a lot of social support, in order to show improvement and recovery, and that also accounts for the differences in this rate. Hence, the more these patient will have a strong psychosocial network, the more there improvement rate will increase.

# Works Cited

Loh, Siew Yim. "Interdisciplinary Rehabilitation to Facilitate Recovery of People Living with Long-Term Schizophrenia in Developing Countries." *Psychotic Disorders-An Update*. IntechOpen, 2018.

Ordóñez, Anna E., et al. "Lack of gender-related differences in childhood-onset schizophrenia." *Journal of the American Academy of Child & Adolescent Psychiatry* 55.9 (2016): 792-799.