Core Competency

Student’s Name

Institution

Date

**What does the core competency "employ evidence-based practice" mean?**

The evidence based practice (EBP) is regarded as the incorporations of experts in healthcare practice especially in clinic practice with available clinical research evidence of the findings of patients. As study conducted by Greiner and Knebel (2003) concluded that most important component of EBP is the active participation research and learning activities. Core competence concentrates on providing efficient patient care. EBP is utilized in the provision of the best healthcare to the patients and the inter-professional teams. According to Yates (2012), it empowers the nursing professionals to offer effective and competent nursing care to patients by following evidence based treatment approach.

The evidence based practice (EBP) is applicable in clinics and any healthcare facilities in the provision of healthcare services. It is mostly used for treatment of chronic diseases by clinicians and other healthcare professionals. Yates (2012) pointed out that for effective application of EBP to achieve core competence requires clinical knowledge, professionalism, interpersonal communication, system based practice and patient and resident care. These make it possible for patients to be involved in their healthcare decision making. Healthcare research, professional practice and clinical research are also very essential for the evidence based practice. Therefore, the treatment of chronic diseases would require the utilization of these aspects to make it possible for the treatment to be achieved. As stated by Black, Balneaves, Garossino, Puyat, & Qian (2015) the evidence based practice allow the provision of healthcare to patients based on the values, and health assessment of patients. The application of EBP ensures that patients aree involved in every stage of the provision of healthcare services. Therefore, it ensures that the efficient healthcare provision is provided to patients which result to advance and accurate treatement of patients which are some of the core competence required.

# References

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