Student’s Name

Professor’s Name

Course Code

Date

Debate Question: What does philosophy help us see about pleasure and happiness that the other methods miss?

Pleasure and happiness are essential elements that make us complete. Several philosophers have provided a detailed illustration of the contribution of pleasure and happiness. Therefore, philosophy helps people to understand happiness and pleasure. Socrates stated that happiness is not just given divinely, but it is humanly possible to achieve is we seriously make an effort. Socrates believes that all human desire to be happy but in most cases, people are prevented from achieving happiness because of pride and conceit. People can harmonized their desire to achieve the divine like tranquility and therefore, it means that obtaining pleasure and happiness depends on an individual. However, the ancient Greek believed that happiness is very rare and it was only reserved purely for those who have been favored by gods.

But another philosopher Epicurus made an argument regarding positive and negative pleasure. According to Epicurus, positive pleasure is simply the removal of the pain and therefore, once the pain is removed human can definitely achieve pleasure. For instance, if humans are thirty a drink of a glass of water can provide some relief, this is similar to pain. But the negative pleasure is then defined as the state of harmony where a person cannot feel any kind of pain and therefore, there is no need of positive pleasure to get away the pain.

It is, therefore, essential to state that happiness and pleasure is a great asset of life and human can achieve them if an individual decides to achieve happiness and pleasure. Based on Socrates Epicurus theories, happiness and pleasure are achieved without pride and conceit. Philosophy, therefore, helps us to understand the importance of happiness and pleasure and also provides importance ways, which we can use to achieve happiness and pleasure in life.