Title page

Article review

Delgado and Lee in the article “Empowerment Theory” talks about the role of school counselors in empowering the students. I agree with the classmate that this article analyzes how this theory can be utilized in the school settings and adapted according to the circumstances that will benefit the students. One of the important thing is that the counselors must play a positive role by providing information to the children about the society. This will raise their awareness and they would be able to prepare themselves for the society’s hardships. I believe the article explains that empowerment theory will have positive role in improving the experiences of students that will add to their confidence and development. Students who are empowered can perform better in school and professional lives.

I agree with the classmate’s views that the author has focused on making empowerment part of school learning because it adds to the advantage of the students. Different activities allow children to realize their strengths and use them for their advantage. Similarly, students also become aware of their weaknesses and will try to overcome those for improving their personalities. I think that every school must integrate empowerment theory for offering practical learning opportunities to the children. This will make them well aware of the social environment and the way in which they must adapt to it. Counselors must be able to make best use of empowerment theory by engaging students in different interactive and challenging practices that will encourage them to use their critical thinking.

References

[Hipolito-Delgado, Carlos P.](https://psycnet.apa.org/search/results?term=Hipolito-Delgado,%20Carlos%20P.&latSearchType=a) [Lee, Courtland C.](https://psycnet.apa.org/search/results?term=Lee,%20Courtland%20C.&latSearchType=a) (2007). Empowerment Theory for the Professional School Counselor: A Manifesto for What Really Matters. *Professional School Counseling*, 10(4), 327–332.