Paper Tigers is a documentary based on the lives of the students of Lincoln High School who have terrible childhood experiences and have a history of Truancy and behavioral problems. When the principal of the school observes these students’ behavioral problems and their effects on their studies, he researches the Adverse Childhood Experiences (ACEs) and decides to radically change the behavior of students and their approach to discipline. This movie tries to document six of such students who get into fights and are in a constant state of trauma. They have activities like this because of their past experiences. The principal Jim Sporleder, along with his team of teachers, took this as a challenge and tried to make school a healthy place for students. The team treats the toxic stress of their students, and instead of focusing on the increasing tensions among students or talking about their test scores, they changed their teaching style and started interacting more with the students. The team encouraged their efforts to come out of the toxic stress and acknowledged them for moving in life with a new start. These students have been the victims of child abuse, domestic violence, and sexual abuse, which made them behave inappropriately.

Program Design and content: If students show slow progress in learning and avoid school events or even avoid coming to school for no reason, then a program is designed to target such students. The content of that program would be discussing bullying among students.

Program relevance: discussing bullying and its effects on education would be the core objective. Bullying is relevant to education because it can be harmful to student's education as well as their mental health.

Program implementation: it will be the teacher’s responsibility to encourage students to talk to about bullying and their experiences of becoming the victim of bullying. Teachers will focus on every age group, especially the primary section, who are most likely to get attacked. Cameras should be installed at different corners of the school and appoint duties to the guards for the security of students inside the school.

Program assessment and quality assurance: the teachers should make sure to check on every student and approach to the ones who have been bullied for a long period. It should be clear to the teachers that every student is safe inside the school.

This is a reality-based documentary, which is good because people will be aware of the actual problems students are suffering nowadays. It is also a good movie for the parents as they will be able to understand the behavior of their children and would help them in controlling such behavior. It would be difficult for the principal to gather such students with behavioral problems, and it would be difficult for them to handle their attitude (Mongeau, 2016). To control the anger of the students is a very hard task especially controlling adolescents who cannot control their anger easily but the principal with his team can overcome this problem. They can manage this issue by counselling them and through their teaching skills. They can also organize mental health programs for such students. The program was successful because, as we see, in the end, al the students were happy and managed to come out of their stress. They were finally able to share their problems and discuss them with their teachers.

# References

Mongeau, L. (2016, May 18). *'Paper Tigers' Documentary Offers Solutions to Teaching Traumatized Kids*. Retrieved October 30, 2019, from Ewa: https://www.ewa.org/blog-educated-reporter/paper-tigers-documentary-offers-solutions-teaching-traumatized-kids