REGULATORY CHANGE TO REDUCE READMISSIONS

**1) Discuss what regulatory change may be needed to motivate a hospital to reduce readmissions. Please be specific and explain the relationship between regulation and expected outcome.**

The regulatory change to reduce the readmissions in hospitals is an important task in order to reduce the financial costs and burdens involved in regard to the readmissions within the hospitals. The hospitals can adopt policies where the healthcare staff and nurses consider all the patient needs through care coordination and communication (Carrol & Dowling, 2013). Such initiatives in accordance with the readmission preventive policies can help recognize and evaluate the condition of the patients. The communication between healthcare givers and the receiver can determine if the condition with which the patient came with has been well addressed and well treated or not. The primary staff such as nurses can significantly recognize and identify the social, palliative and spiritual issues comprehensively and with solutions.The central idea behind the collective care and coordination is to reduce the gap in the transition in each stage. Addressing the collaborative social and psychological complex problemsalong with medical issues of the patients and those close to them can significantly reduce readmissions. This reduces the possibility of the issues surrounding the patient and their repeated visit to hospitals. The incorporation of communication and understanding of the status of the patients can therefore easily point to the issues at hand and prompt identification of the challenges of the patients (Kripalani, Theobald, Anctil, & Vasilevskis, 2014). The need to include the discharge communication in the regulatory system of the hospital can not only improve the communication between the healthcare givers and the patients but also prevent readmissions. Although the process requires investments initially however, it is a better way to escape the penalties which are imposed on the hospitals in case of readmissions.

# Works Cited

Carrol, Á., & Dowling, M. (2013). Discharge planning: communication, education and patient participation. British Journal of Nursing.

Kripalani, S., Theobald, C. N., Anctil, B., & Vasilevskis, E. E. (2014). Reducing Hospital Readmission Rates: Current Strategies and Future Directions. Annual Review of Medicine, 471-485.