Early Pregnancy

[Author Name(s), First M. Last, Omit Titles and Degrees]

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**Audience Analysis**

The audience will consist of both male and female high school students and teachers. The age of the people in the audience will be between 13 – 30 years.

**Purpose**

To inform the audience regarding the background information of early pregnancy, the risk factor associated with teen pregnancy and the strategies needed to prevent early pregnancy.

**Topic:**

Early pregnancy

**Narrowed topic:**

Risk factors associated with teenage pregnancy and the strategies to prevent early pregnancy.

**Data Gathering**

For this speech, data is gathered from different articles published on Google scholar.

**Writing pattern**

The writing pattern of speech is problem-solving

**Introduction:**

Hi, my name is Cali Saavedra. Today I am going to tell you about teenage pregnancy, reasons for teenage pregnancy and risk associated with teenage pregnancy.

**Body of Speech**

Early pregnancy is the most alarming issue around the world. Every individual has a right to live, express their beliefs, feelings, opinion, ideas and even to decide their future. But as we all know that this freedom is misused by most of the young people of our society.  Teenage pregnancy is defined as a pregnancy of adolescent females under 20 years of age. Teenage pregnancy occurs due to many reasons such as peer pressure, poor quality of life, poor attention of family and underage drinking. A study conducted by the Center for Disease Control and Prevention (CDC) has found that 1/3rd of teenage mothers do not use birth control pills because they think that they could not get pregnant.

Teenage pregnancy is usually unplanned and also challenging for the life of both mother and child. It affects adolescents in all aspects: emotional, physical, social and cognitive development. The common risks that are associated with early pregnancy include high blood pressure, low iron level, premature birth, high infant mortality rate and greater risk of cephalopelvic disproportion ( head of the baby is wider than the pelvic opening).

 The United States has the highest rate of teen pregnancy among developed countries. In 2017 almost 194,378 babies were born to women aged between 15 to 19 years, a birth rate of 18.9/ 1000 women in this specific age group (Sedgh et al.). Strategies that are needed to prevent teenage pregnancy include sexual behaviour education, improved conceptive counselling and community awareness programs to enhance social development (Hadley)

**Conclusion**

Although the teen pregnancy rate has been dropped in the last few years there is still need that effort should be done at the community level to address the economic and social factors associated with the teen pregnancy.

**References**

Hadley, Alison. "Teenage Pregnancy: Strategies for Prevention." *Obstetrics, Gynaecology & Reproductive Medicine* 28.4 (2018): 99-104. Print.

Sedgh, Gilda, et al. "Adolescent Pregnancy, Birth, and Abortion Rates across Countries: Levels and Recent Trends." *Journal of Adolescent Health* 56.2 (2015): 223-30. Print.