Learning Centers and Play

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Even for the most professional people, working in an environment full of 24 hours work and a hectic environment can be daunting and tough at the same time. Then, how it is expected that the children will outclass in their academics while being fully stick to them. They need a course of play and other playing activities. Play is an essential for the development of a child’s physical, emotional, social and intellectual needs. In the learning and school environment of today, it has been taken and replaced with a rigorous amount of academic instructional work and tests followed by proper schedules. These days, kindergartners are expected to read a higher level of books and should be prepared for a standardized series of tests. This dulls their performance. Play can play an important part in their development and help them later in their career development. Plat stimulates the development of the social-emotional and self-regulation skills (Danniels, 2016). Research has shown that in the when children are in the play scenarios, with the child taking more directions onto the new instructions, they develop and practice an advancement in their language skills (Weisberg, 2013).

We will show here an example to the parents which will demonstrate the role of the play in the physical and the cognitive development of the child. Research has demonstrated the game of rough and tumble in the cognitive development and the physical development of the child. For the cognitive domain, the social consequences and workings involved in the acitivity are associated to develop the cognitive abilities through encoding and decoding of the social signals. The activity is intrigued by the physical development in the terms of gross-motor skills as a lot of voluntary physical actions are involved in the game (Brown, 1998).

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