Institution Clients

Your Name

Institution

# Question 1

Identify 3–4 of William Marks’ risks and needs that could be addressed while he is in custody.

William is convicted for assaulting an individual the assault results into a serious injury. William is in police custody for convicting a violent crime. He is charged for assaulting an individual, resulting in serious injuries to the victim. William also has a history of drug abuse and has mental health issues. In my opinion, violence and mental illness go hand in hand. For addressed risks and needs in the custody of William, we have to consider both dynamic and static risk factors (Monahan, 2006). Static factor includes a history of violence and drug abuse. In addition, the dynamic factor includes employment and education status of the William.

Safety of other cellmates is threatened due to the presence of William in the facility. There is a great chance that William will cause violence within the prison due to the history of his mental illness. In addition to the safety of inmates, William can also be a threat to prison guards and officers. William is also a dropout, which predicts antisocial lifestyle. William also has a history of mental health issues and had never been treated. With his history of depression, being prisoned may worsen the mental health of William. There are four overlapping dimensions in William’s case; antisocial life, drug abuse, psychopathic personality, and history of violence. These dimensions are the factors which predict more violence in the future.

After assessing risk and need, the next important step is to manage those risks and needs. Two strategies can be used to manage the risk associated with imprisoning William. The first strategy is the preventions, which includes restricting communication with former violent associates (J Austin, 2004). Next strategy is to monitor the violent inmate like William. This strategy can prevent violence before it happens. When William is being monitored, the security guards can predict his violent move.

# Question 2

Based on options in your selected state, what programs could he participate in while in custody?

William has been convicted for assaulting an individual in the state of Washington DC. There are various programs available in the state for criminals like William. William crime and his mental health are associated with his low education. Lack of self-esteem, low education, and need getting an identity may result in joining a violent gang in a prison. According to international standards, prisoners should be offered an opportunity to complete his education. Being a dropped out of High school, William should complete his education within the prison. William can also benefit from the Prison libraries.

William should also participate in a program to prevent offending. The program is available in state prison, and it addresses psychological causes which led to the conviction. The program provides various therapeutic strategies which help William overcoming his mental health issues. Cognitive and person-centered therapy is recommended for William (M McKenzie, 2010). Two issues can be addressed using this program; the first issue is his mental health which resulted in depression, second, his addiction to drugs. This program will improve William’s personality. William should be actively indulged in physical activities such as sports and exercise. This would help him regenerate back into the community once he is out of the prison. This would help him calm and relax but gain quality in life. A regular program targeting physical activities lead to lesser violent tendencies psychologically and help him out of the depressive phase in his life. Experts suggest that is a direct correlation with physical activity and a decrease in crimes once he is out of the prison.

Religious programs can also help William in straightening up his life. William should join a religious counseling group. In state prison, there is usually a chaplain who manages a religious group, by providing counseling to troubled inmates. These counseling can help William in reinstating is faith and also seeking forgiveness for his misconducts.

# References

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