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Response to Alison Post

 The cultural values, religious beliefs and patient empowerment constitute a fundamental role in directing the behaviors of the patient. The cultural aspect is the most prominent aspect among all these. It is critical to observe these aspects in the career to adhere to the principles of healthcare. The post made by Alison critically analyzes the deliberated aspects. The patient empowerment is another critical factor that nurses must observe in treating the practices. Keeping up with cultural values is a challenging task for nurses. The patients are often faced with adverse health conditions and the cultural differences further intrigue their mind.

 Furthermore, the patient empowerment creates an ethical dilemma for several healthcare personnel. I was faced with a scenario where I had to suggest the patient visit other doctor and the patient belonged to a culturally diverse background. Both the cultural diversity and the dilemma of patient empowerment were present in the case. The patient got offended and exchanged harsh words. In response, I calmed the patient by conveying her disease was critical and the pertinent healthcare expert could best treat him. Nevertheless, it was very difficult to remove the cultural barrier. It is noteworthy to mention that the cultural barrier often manifests in the origination of issues related to patient empowerment.

 Many nurses adopt the means to offer spiritual care and ease to the patients. The potential way to cure the disease of the cultural barrier and religious conflicts is creating a sustainable and pleasant treatment environment with the patient(“(PDF) Concepts and measures of patient empowerment,” n.d.). The bottom line is that an effective strategy should be followed by the healthcare professionals to meet the diverse challenges stemming from the dimensions of patient empowerment.

References

(PDF) Concepts and measures of patient empowerment: A comprehensive review. (n.d.). http://dx.doi.org/10.1590/S0080-623420160000500018