Title page

Discussion

Group purple

1. The nurse remained goal-oriented by simultaneously respecting the views of her team-members. Nurse manages to overcome conflicting situations that could distract her from her goal. Her professional goals convinced her to promote healthy and safe environment for the students within the school facility. By respecting the views of her team-members she provided a positive and interactive learning environment for the students. This helped her to accomplish her goals of providing intervention for acute chronic illness, communicable diseases and mental health to the students. She also managed to educate students about the signs and symptoms of pregnancy. By respecting views of others she managed to understand the concerns of members and use her skills for collaborating with them.
2. There could be many productive ways of removing personal bias from workplace. Establishing team goals is an effective methods by which worker can remove personal bias. The organization or the manager can set measurable goals that will promote neutrality. The goals can be measured quarterly and the outcomes can be shared with each worker. This is an effective way of allowing each member to see his or her strength and weakness. They will accept their mistakes and determine where improvements are needed. This is an effective strategy that promotes transparency and convince employees that they are judged according to their performance.
3. Nurses possess unique skills that give them ability to effectively mitigate differences in opinion. Cultural competency or cultural awareness is to dominant skills that allow nurses to understand others. This skill allow them to work with the people from different cultures and respect their viewpoints. Their awareness of cultural differences helps them in mitigating difference in opinion. Adaptation skills also help nurses in sorting differences because they understand cultural diversity. Nurses are taught to work and respect the people from different cultural backgrounds. Cultural awareness is also helpful in avoiding conflicting situations. This is a unique skill that allow nurses to understand attitude of patients and co-workers thus leading to a positive culture.

Fall prevention group

1. Falling is a serious problem because it causes injury. Older people are more likely fall because they fail to maintain balance due to weak muscles. Falls can result in serious injuries so they must be prevented. Physical injury and functional decline are common outcomes of falling. Hip fractures, knee fractures and fractures at other body parts are commonly reported problems. Falling is serious because it causes bruise, open wound or excavation of blood. In serious cases sprain and joint dislocation are experienced. People are unable to move properly and it take months to recover. Older people often fail to regain same level of physical health that declines their mobility. This results in declined social and physical activities. It causes brain injury that can lead to short-term memory loss or dementia. People fall to recall things and it takes time to recover.
2. Interdisciplinary team (Geriatrician, RN, PT, OT) work together to prevent falls in the future. Geriatrician can review the condition of patients and identify those who can fall. They can prescribe medications for the patients such as sedatives that will keep them relaxed and prevent them from falling. Tranquilizers can be given for calming patients. Nurses can schedule the routine activities like toileting and remove barriers that could cause fall. Physical therapists can explain exercises that will help patients to build muscle endurance. They will engage patients in conversations and Occupational therapist will assess the physical condition and educate patients on walking and mobility.

References

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