PowerPoint narration

Defining Malnutrition

It is important to understand what malnutrition is and how it impacts the society? When people are unable to get adequate micronutrients, proteins or calories they develop a condition of malnutrition. According to Kaiser et al., (2010) two common causes are overconsumption or deficiency of nutrients. In this condition people are deficient in minerals and vitamins that are required for maintaining a minimum weight.

Homeless population of Lauderhill, Florida

Malnutrition is one of the critical issues faced by the homeless population of Lauderhill, Florida and needed to be discussed. Although lack of access to nutritious food a leading cause but there are other factors also that contributes to malnutrition. African-Americans are more likely to suffer from malnutrition due to the fact the majority is living in poverty.

Explanation of Topic

Malnutrition has become one of the alarming issues in Lauderhill because it is increasing among homeless population. Poverty limits the capacity of families to buy food that is essential for maintaining a certain calorie level required for survival. It is also important for maintaining a minimum weight needed for performing daily activities. Malnutrition increases the risks of developing diseases like gastroenteritis, pellagra and Meknes.

Teaching project

It is important to address the issue of malnutrition and educate the Lauderhill community for it. The most appropriate strategy is to design a teaching project that aims at educating the people on the issue of malnutrition. The comprehensive open education program will emphasize on reaching the homeless population and taking feedback. The awareness program will comprise of two months (August-September). Audience will be informed about the program via different channels.

Measurable Objectives for the Educator and the Audience

Appropriate training will be provided to the educators of the malnutrition awareness program. They will be asked to prepare publishing material in the period of two months that will include all details about malnutrition such as the causes, affects and measures.

Healthy People 2020 Objectives

Population health promotion model will be adopted for addressing the issue of malnutrition among homeless of Lauderhill. Prevention strategy will be developed that will target the homeless families and persuade them to attend the awareness campaigns.

The educators in the program will explain the healthy objectives of 2020 to the targeted audience. The goals of the program include; creating awareness among homeless population about malnutrition and removing disparity among blacks and whites. It will promote positive attitudes such as equity in healthcare services by treating patients without any discrimination.

The educators will share information about the interventions for promoting improved health status and removing diseases. It further suggests on equality for all that improves welfare of entire Lauderhill population. The objectives also aims at creating positive environment for the homeless that will result in enhanced health status for all.

Role of Socioeconomic, Environmental, and Cultural Aspect for Homeless Population

The success of the intervention program depends on the socioeconomic, cultural and environmental aspects. The educators must collect information about the socio-economic aspects such as incomes and education of the homeless population and how it affect their knowledge on malnutrition. Similarity environmental factors such as poor lifestyle and cooking styles are considered. Educators must consider that low-income African-Americans live in crowded houses and consume unhealthy food cooked in spices and gravy. Low socioeconomic status also undermines their understanding of health and food.

Health Literacy Issues of Target Population

The homeless population of Lauderhill belongs to low socio-economic status. They are less educated or illiterate that makes it difficult to convince them about changing their eating habits or lifestyles. This depicts that they need special attention and more interactive programs.

Reference

Kaiser, M. J., Bauer, J. M., Rämsch, C., Uter, W., Guigoz, Y., Cederholm, T., & Tsai, A. C. (2010). Frequency of malnutrition in older adults: a multinational perspective using the mini nutritional assessment. *Journal of the American Geriatrics Society*, *58*(9), 1734-1738.