Vulnerable Population

Institution

Student’s name

Course

Date

**Vulnerable Population**

**Caring for Vulnerable Population**

In addressing some of the issues affecting the population with traumatic events and natural disasters, there are a number of things which need to be put into consideration. This includes some of the steps that need to be taken in order to ensure that their health condition is improved as well as their lifestyles. As much as such strategies are put in place, there are also expected outcomes at the end of each planning processes (Kraemer et al, 2016). Some of them include improving the psychological/mental status of the affected, especially those affected with traumatic events, improving the social lifestyle of the same group and lastly, coming up with strategies to prevent the chances of the affected environment from experiencing adverse effects that might result from natural calamities.

All these goals are attainable if only various strategies are well implemented. For instance, when it comes to improving the psychological condition of people with traumatic events, it is just a matter of ensuring the affected receive efficient psychological support from specialists (Furman et al, 2016). Social lifestyles can also be improved by first ensuring that there are limited mental issues among people, which means that they will be in a position to understand the need of things like maintaining a good relationship with other people. Reducing the effects resulting from natural disasters, for instance, floods, can be accomplished by having people building their houses/structure above sea level. Different measures can be used depending on the kind of natural disaster common in the region under research.

I feel these strategies are important because they will definitely improve the lifestyle of people in the population under research. Thinking of a region where there are limited mental related issues, then it is easier for these people to progress (Resnick et al, 2017). This may be in terms of education, successful careers among other things. If at all the destructions resulting from natural calamities are relatively reduced, then issues like diseases arising from natural calamities would also be reduced.

 References

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