Albert Einstein

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**Introduction**

Autism is a neurobehavioral disorder that entails obstruction in social interaction and communication (Baio, 2018). Autism is also characterized by limited and repetitive behavior (Baio, 2018). Autism is now termed as Autism Spectrum Disorder (ASD) because there are multiple symptoms of the said disease. There are a number of symptoms and different types of impairments that comes with ASD. The impairment and disability that ASD causes may vary from person to person. In some cases, there is a minor disability that limits the physical movement (Baio, 2018). On the other hand, ASD has caused severe disability that required healthcare assistance (Baio, 2018). Over the years, many famous personalities from different walks of life suffered from Autism. Albert Einstein was perhaps the most famous person that coped with Autism

**Discussion**

**Brief Biography**

Albert Einstein was born on 14th March 1879 in Germany. In 1896, Einstein joined the Swiss Federal Polytechnic in Zurich to become a teacher in physics and mathematics. Einstein received various honorary degrees from multiple universities. Einstein is most famously known for the "Theory of Relativity" he developed. In the year 1921, Einstein won the Noble Prize in physics.

**Einstein and Autism**

Ever since his birth, Einstein’s family remained worried about him. Einstein was born with a huge head. In early childhood, children of his age began to mumble, however, Einstein did not utter a single word. Einstein began to speak after his third birthday. Einstein had Asperger syndrome that caused autism. Asperger syndrome restricts social interaction, narrows interests, produce a desire for uniformity (Simpson,2018). Asperger syndrome tends to produce focus and persistence to a great extent (Simpson,2018). Einstein coped with autism by working on the strengths of the disorder. He developed uniformity in his daily routine. Additionally, Einstein narrowed his interests to only physics and mathematics.

**Conclusion**

There is divergence on the view among scientists that Einstein suffered from Autism. However, this can be verified since his brain has been preserved.

**References**

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