Title page

Evidence-based practice

I agree with the post that Evidence Based Practice is important for healthcare organizations. The NCCH website has highlighted 2016 Clinical Practice Guidelines for TB Diagnosis. I think by using guidelines it is possible for the healthcare providers to offer accurate care that will eliminate the possibilities of errors in administration. Nurses would be able to perform accurate diagnosis by relying on evidence based practice. This improves their efficiency.

I agree that organizations must teach nurses to use evidence based practice. The teaching plans at organization are focused on building professional nursing skills and for using evidence based practice in healthcare settings. The nurses will administer the characteristics explained by different nursing theories to develop positive interaction with patients. The nurses learn under different the nursing models that are focused on the elements of building positive attitudes. The plan will allow them to learn developing positive moods during their encounter with the patients and showed concerns regarding their health conditions. Nurses will gain experience for assessing the patients’ conditions and their views about their illness and treatment (Peplau, 1992).

Peplau’s quote “relationships are characterized by personalities, moods, concerns, needs, personal values and views of person brings into each interpersonal encounter” (1994) illustrates the elements that lead to effective interaction between patients and nurses. By gaining insights about therapeutic interaction model the student nurse were able to learn techniques for reducing anxiety and depression among patients. The establishments of the effective interaction process are essential to cope with symptoms of anxiety. As a student nurse I developed competency for helping patients to deal with anxiety and provide them with adequate care that leads to improved health.

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