**[Name of the Writer]**

**[Name of Instructor]**

**[Subject]**

**[Date]**

**Debate question**

**Debate Question**: Can change in attitude bring happiness while building homes, and workplaces?

**Response:**

The concept of happiness is embedded in the nation differently. What is happiness is a debatable topic because the meaning of happiness is different for different people? For some people “high life satisfaction and feel more safe and secure” (115) on the contrary material things bring happiness to the people. Therefore it is apparent that “authentic happiness” is the outcome of interconnection of the community people (115). It is the most fundamental aspect that should be taken into consideration while building a community, workplace, and homes. For workplaces, the co-workers should be "friends, who share interests and agree to take regular walks together for at least ten weeks" (154). It is essential because spend “so many of waking hours on the job” (154) that environment of the workplace impacts the “health and happiness” (154) and it is cardinal to maintain a friendly environment.

Similarly for developing communities in new areas the fact that should be considered is that the values of the society are integrated. It does not matter how the area looks like and what is the view for apartments because it does not bring happiness. The thing which brings happiness is "a culture that values the quality of life" (117). Lastly, for creating happy homes, it is vital to understand that “Bigger is not necessarily better when it comes to housing and happiness” (187). This notion should be negated another notion that should be proved wrong in America is that “many Americans assume that owning a home should be everyone’s goal” (188) when people are unable to achieve this goal they become depressed and happiness vanishes. Thus for building homes, these points should be cleared to increase happiness in society. Thus the ideas mentioned above can modify our lives which can bring more happiness in society.

**Works Cited**

Buettner, Dan, and Ed Diener. The Blue Zones of Happiness: Lessons from the World's Happiest People. , 2017. Internet resource.