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[Date]

Slomo

**Introduction**

Every individual on this planet is independent. He or she is allowed to live whatever life and how they want to spend it. American View of the Personality also promotes this aspect that a person should be allowed to live their life the way they want. Such an example has been accurately presented in the Op-Ed documentary, “Slomo: by Josh Izenberg.

**Discussion**

 “Slomo: The Man Who Skated Right Off the Grid” is a story of a 69-year-old doc, Dr. John Kitchin who decided to quit his well-earning, a well-settled career at its peak, to pursue his passion of skating in slow motion. For this purpose, he chose the Pacific Beaches of San Diego. He also likes to call himself “Slomo” due to his unique skating style. Slomo was always very passionate about skating but he never pursued his dream as everyone else. He tells that indulged in the same rat race just like the other people of this world; he went to school in the childhood, joined a medical school, graduated from there, then specialized in his desired subject (neurology), and started practicing as a neurologist in the hospital,

 He explains that although he was earning very well, he was no satisfied internally. He was living in a big house, in fact, a mansion had really good cars (BMW and Ferrari) and an extraordinary quality of life, but he always knew that something was missing. Finally, one fine day, he met a 93-year old man in the hospital cafeteria who was living his life to the fullest. Even at this age, he looked very young and happy. Slomo was very inspired by him and decided to follow in his footsteps.

There are two aspects of the personality as explained by the researchers and experts in the American Aspects of Personality. These two aspects have been titled as explicit and implicit aspects. The explicit aspect of the personality emphasizes to be bold, carefree and courageous. It implies that a person should do whatever they want to do, he or she should always listen to their heart. This approach encourages an individual to be honest with themselves. It implies that a person should never hesitate to listen to their heart.

 In contrast to this, the implicit approach is a little bit conservative. It stresses that a person should not be the same person privately and publically. A person should remain quite composed and reserved in the public and should not allow others to consider them as a soft or nice person. The implicit approach encourages a person to be tough and hard. According to this approach, the first impression of a person should be strict, so that no one takes them for granted.

 The director of this film, “Slomo” clearly focusses on the explicit side of the personality of an American individual. The main character. “Slomo” has been shown as an independent, carefree person, who loves to skate and never cares about anyone or anything. His daring nature can be seen through the fact that he left his amazingly well-settled career at its peak and pursued his passion for skating.

 The other aspect of personality can be seen in this case well when Slomo was in the role Dr. John Kitchin., a successful and well-established neurologist. He had to be very serious and formal all the time. It was the demand for his profession to always be sober and behave very responsibly. This is the exact personality as described by the implicit personality style of an individual of America.

**Conclusion**

 Hence proven that no matter at whatever stage you are in your life, you can always follow your heart and pursue your passion.