Your Name

Instructor Name

Course Number

Date

Social Determinants and Primary Health Care

In the past, people had to wait in the lines for medical care, while waiting for their turn, their kids died. Sometimes, they were not given attention to for better treatment by the doctors.

Health care is a basic human right. People of Cuba have created their health care systems. There are few positive aspects of the Cuban health care system in that they provide a free care system and there are medicines which are latest and of advanced technology. The notion of the right to health care and wiping out diseases is the main aspect to contribute to global health. Sour kids of a community member died because they did not got treatment on time, they died because of diarrhea and 5th family member was taken to the hospital for the same reason, but he was saved. It was the 1960s when primary health was a focus of doctors and trainers. Facilities were later on provided to people and door to door facility was introduced.

Identification of illnesses and diseases is the key idea and it has to be solved on time. It was a time when there were very limited medicines, all of medicines and surgery machinery would come from United States transnational and American labs. The Cubans made a primary health system that was accessible to everyone. Better facilities by doctors for medication was appreciated, and they were appreciated for their availability for the medical services. Poverty is the reason that children suffer the most. Children are at higher risk, like in Africa, around 3000 children die from malaria daily (this statistic is according to video). The Cuban doctors serve the Gambians. In the Gambia situations are different, pregnant women and children are at higher risk. Doctors in Cuba initiated awareness sessions for community members to fight back with malaria. Recognition of such fatal diseases is an important part of healthcare. The doctors live in communities to serve the people. The drop-in malaria cases in the Gambia are the success of doctors and the cooperation of community members by changing their behaviors and adopting the best precautionary measures is appreciable. In 2002 the record for malaria cases was 600,000 and it drastically dropped down to 200,000 in 2004.

Primary health care is indeed important, and it helps people for time being. The problem is, when an emergency hits people they had to lose their lives because of no help being provided to them in such emergencies, an example can be a hurricane in Honduras. Interventions on the government level are important to not compromise on the lives of humans. Accessibility of medical doctors to every corner has to be made sure. The behavior of people towards outsiders needs to be changed. There lie loan contradictions too, policy interventions by involving the public sector and a clear constitution will work for the improvements in social determinants whether it is food or health. The government has to make sure that it is providing security, food and education facilities. Doctors need to get paid properly because they have to survive too, and their professional training and their interaction and communication needs some attention. There is a need for paradigm shift, the doctors need to work for their communities. Access to education would help in overcoming the issues of health. Education facilities for children to peruse their degrees in medical would be an appreciable step towards better health care provisions.

Works Cited

*Salud! Documentary*. *YouTube*, https://www.youtube.com/watch?v=dthF5P7cBrg. Accessed 15 Oct. 2019.