Taking a stand

Student’s Name

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Date

**Taking a stand**

Ethics is defined as a system of moral principles, which provide guidance on how people behaviors. It is regarded as the discipline that deals with what is bad and good based on moral duty and obligation. It can also define as a standard system, which that alter previous action, thoughts and decision people (Abuhassim, Kajewski, & Trigunarsyah, 2015). Abuhassim, Kajewski, and Trigunarsyah (2015) pointed out that is an important measure to protect the society and also provide guidance to people’s actions regarding what is viewed as right or wrong on issues affecting the society. In order to make an ethical decision well, it is important for an individual to understand the ethical standard and frameworks. An individual should be able to conduct him or herself with a style of leadership which includes trial and error, while at the same time emphasizing model based on proper decision making. However, this paper is meant to introduce the cenceptual framework of the ethical construct of ethics, legal standard, moral and other dilemmas in the work environment. The paper also analyzes the implication being utilized and considered on the leadership style and identified by the self –assessment tool to find out whether the leadership style act as a barrier during a dilemma situation.

**Conceptual Framework**

A different dilemma is faced in healthcare sectors and these dilemmas require a unique style of leadership and skills to address them. As a nurse, it is expected that we come face to face with different dilemmas throughout our careers. Studies have established that usually nurses are faced by several dilemmas than they could imagine or admit (Ulrich, Taylor, & Soeken, 2017). However, this usually leads the nurse to make decisions which are usually difficult. This is indicated in the outcomes of the people nurses interact with. Research indicates that some of the difficult ethical decision being made by nurses is issues which are related to mental healthcare (Wood, 2014). These issues also include patient autonomy, the moral dimension of addiction, privacy and confidentiality of the information of patients.

The definition of mental illness is also very wide and confusing and therefore, it also one of the ethical decisions, which nurses have to make daily at their work environment. Ethical issues provide guidance to an individual in solving several ethical dilemmas. It also offers necessary assistance requires by managers to clarify personal values and beliefs in addressing problems related to ethical issues. Wood (2014) stated that most popular frameworks that are used are utilitarianism, right based reasoning, and duty based reasoning, which are essential in solving problems affecting the healthcare practitioners.

The ethical, moral and legal implication which is utilized utilitarianism. It is important in solving some of the critical ethical issues related to nursing practice (Kadivar, Manookian, Asghari, Niknafs, Okazi, & Zarvani, 2017). Nurses are required to work based on the standard set and therefore, this ensures that proper practice is maintained. However, the role of a moral agent or advocacy is every elaborate since they monitor and conduct an evaluation as well. The moral agents are persons with the responsibility to decide on what is wrong or right to ensure that people are held accountable for their actions. The moral agents have a wider responsibility not to cause unnecessary harm to anybody including patients. The advocacy of moral issues plays a critical role in formulating policies and ensuring that the moral and ethical standard is adhered to without any failure. According

**Leadership style**

The leadership style identifies through the assessment conducted is transformational leadership. The transformation leadership according to Sfantou, Laliotis, Patelarou, Matalliotakis, & Patelarou (2017), involve transformation and inspire for follows to give good result at work. The transformational leadership provides offer a vision of the future to employees through the provision of motivation. However, in nursing practice, it would be essential to ensure that intelligence is applied to handle issues affecting patients. Nurses are expected to handle and treat patients equally without any kind of discrimination. Evidence-based practice in nursing is credited for playing a critical role in expanding the provision of healthcare in society. And therefore, leadership is a core factor and transformation leadership is the best leadership style for nursing practice. It involves the creation of a relationship with colleagues at work to ensure that the provision of healthcare is efficient. It inspires staffs through motivation. It ensures that nurses work together as a team to address challenges and offer a solution to various healthcare issues. It also inspires confidence and communicates loyalty through a shared vision hence increase the productivity of employees, and therefore, with transformation leadership, nurses are a more efficient and limited number of unethical issues could be identified.

There are other leadership style identified during the assessment but cannot be used in healthcare settings. Authoritarian and democratic are not the viable style of leadership which can help in addressing issues related to ethical, moral and legal standard in healthcare settings. However, transformation leadership does not act as a barrier to the provision of services (Shariff, 2014). It helps in eliminating the unethical practice by nurses. With transformational leadership moral, the ethical and legal standard is maintained and therefore, it is the best leadership style which could be used to solve problems with the healthcare settings. It is, therefore, important to state that moral agents and advocacy play an important role in the successful achievement of the moral, ethical and legal standard within the healthcare settings.

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