Title page

Journal

My personal goals and objectives of clinical nursing are focused on learning professional skills and build competency that will allow me to deal with the patients appropriately. My primary goal is to integrate theory-based knowledge and using it in the clinics. I am also focused on helping patients and learn ways that would cause no harm to the patients. My goal is also to learn methods of persuading clients by building effective communication skills. It is important to explain the disease to the patient and provide information about the possible treatments which need effective communications.

I would follow HIPPA guidelines and criteria for maintaining privacy of clients. During my interaction with the patients I will assure that their personal information will be used only for the medical purpose and not shared with anyone. HIPPA requirements suggest that the caregivers must keep the information of clients safe. I will also teach patients how they can access their own health data when they need to make decision about treatments in the future. Through my clinical experience I leaden that it is important to acknowledge the tensions of patients.

I aim at integrating the core competencies of Quality and Safety Education of Nurses (QSEN) in the healthcare environment for offering high-quality care to the patients. By relying on these core competencies I would be able to communicate patient values and expressing their need to the other members of the team. I will focus on the provision of patient-centered care because it is more effective in helping clients in different diseases (Dolansky & Moore, 2013). By respecting patients I will attempt to build a positive relationship with them. Empathy is another trait that I will use for managing patients who need support. I will recognize patients expectations and encourage them to share their health related issues.

Reference

Dolansky, M. A., & Moore, S. M. (2013). Quality and Safety Education for Nurses (QSEN): The Key is Systems Thinking. *ANA Periodicals, 18* (3).