Title page

Operations management

Kouzes and Posner (2012) mentions that improvement is linked to conscious introspection. Introspection means one’s analysis of self by searching and observing emotional processes. I have used this concept for conducting self-analysis and observing my strengths and weaknesses.

I believe that the concepts I learned in the classroom about introspection will allow me to attain career growth and development. This has increased my awareness of self as I know my strengths and weaknesses. The strengths that will allow me to stay and progress in the well-reputed companies include communication skills, creativity, adaptability, conflict management and hardworking. These skills are essential for reaching to a leadership position (Eurich, 2018). The process of introspection has also allowed me to identify my weaknesses such as intolerance. Self-awareness is an effective approach that will make me more confident, creative and add to my decision-making power. By uncovering my weaknesses I aim to remove them and replace them with positive attributes that will enhance my performance and productivity. Introspection is also useful for creating SMAT goals that will help me in attaining my goals of career. As I want to work in a tech company at management position I have designed SMART goals that will help me in reaching it.

SMART goals

Specific: my specific goal is to earn a leadership position in management team in a tech company.

Measurable: I will apply for at 10 companies and aim at getting qualified for the interview in each.

Attainable: I will use by leadership skills like communications, negotiations and persuasion power for earning a position in the company.

Relevant: To earn leadership position I will work hard and manage to get promotions each year.

Time-oriented: My goal is to get to the leadership position in 3 years.

References

Eurich, T. (2018). What Self-Awareness Really Is (and How to Cultivate It). *Harvard Business Review*.

Kouzes, J. M., & Posner, B. Z. (2012). *The leadership challenge: How to make extraordinary things happen in organizations (5th ed.).* San Francisco, CA: Jossey-Bass.