Assignment

[Name of the Writer]

[Name of the Institution]

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**Introductory Post**

Thank you all for gathering here. This page has been specially created to assure you that you are not alone; you are not isolated and you definitely need not to worry. Help is always there and we are always here to bring it to you. Helping Hands had always been actively assisting the survivors of Katrina Hurricane by providing therapeutic assistance both in the areas of physical and psychological treatments (Bankston III, et. al., 2010). Helping hands had been conducting individuals and group therapies at different locations. As we all know that it is not possible for everyone to gather at our selected support group meeting location, hence the organization has taken this initiative to keep the tradition of support group discussions alive. This page will help the participants of the support group discussions to stay in contact with each other and with the management even if they have moved to different locations (Naslund, Aschbrenner, Marsch, & Bartels, 2016) They can also reach to discuss their issues privately in our private inbox. Helping hands would always be delighted to help the calamity stricken friends and drive them to a better tomorrow.

**Two Initial Posts for the Page as a Group Leader**

**Post 1**

* The management of Helping Hands is delighted to present this group to our friends who have been struck badly by the devastating Katrina Hurricane. Since Helping Hands cannot continue the series of physical support group discussions, we will be having online discussion sessions from now onwards. Those members who are available for physical and live meetings are more than welcome to join us; other members are requested to suggest how would they prefer these sessions to be conducted? The management has been thinking on two patterns; the first options is that we can have a conference call with all the maximum possible number of members, for the second option, the psychologist can start a live session at a pre-decided time and the participants can keep coming and joining. These live sessions will also be beneficial in the sense that people can also view the comments and the whole session even after the termination of the session. (Barak, Boniel-Nissim, & Suler, 2008).

**Post 2**

* Suggestions are welcomed for the date and place of the next support group session. Those members who can reach easily to the location are more than welcome and those people who will not be able to come to the meeting point can easily join us on the video call.

**Four Mock Responses to Initial Posts**

**Responses to Post 1**

* Happy to hear from you. I am glad that you guys have taken this initiative of online support group. It would be beneficial for many people like me who had moved away from the location and could not attend the physical support group sessions anymore. In my opinion, the option of ConCall would be better, as it is a much closer option to physical participation of the members.
* Hi. I would suggest that you people conduct live sessions, instead of conference calls. In this way, more people will be able to participate in the sessions and you guys can touch a larger number of audience. Really appreciate your efforts.

**Responses to Post 2**

* Hey, you guys are doing a great job. I would suggest that the next session should be conducted in the community hall of our town. I guess it is easier for many people to reach there.
* I cannot participate physically this time as I have moved to my aunt’s place. Kindly don’t conduct physical sessions.

**References**

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