Name

Professor name

Subject

Date

Chivalry unit project

Chivalry is an act of kindness, which makes a person great, and society a better place. Although in the current world people have become more self-centered but still it is existing. I believe there are people who are performing chivalrous actions more often because they believe in helping others. I myself like to perform chivalrous acts because it leads to the inner satisfaction and peace. In a world full of tensions I think that the best way of attaining real contentment is by engaging in chivalrous acts. These actions have dual benefits because it makes the beneficiary and the benefactor better off. This could also end the problems of the world and promote the themes of kindness and humanity (Gillespie). Chivalrous acts are linked to the great King Arthur who respected women and gave them the place they deserved. I think these could be hundreds of chivalrous actions which people can perform for making this world a better place to live in.

I have always taken the opportunity to engage in chivalrous things in different settings because they bring happiness and joy. When I was 18 years old and studying at a college I met a boy who was drug addict. The guy was undergoing depression and complained about his miserable life. I decided to help him because it was really upsetting for me to see a young guy in this state. After talking to him I realized that he is suffering from depression and needs help. I suggested him to visit the psychologist but he refused. Therefore, I decided to help him by counseling and making him self-sufficient in dealing with his stress. When I talked to him I learned that he was hurt because no one listened to him and he had been neglected in his childhood. The first chivalrous thing I did was ‘To Listen’. Listening is a good trait which a gentleman must possess and it does not mean to stay quite (Moelker and Kümmel). It indicates that a person must be able to generate good response and participate in the discussion when others are talking.

After analyzing the situation I realized that the best thing which I could do was to listen to the boy. I made him speak every day about his feelings, day and his problems. I not only listened but also remained part of our discussions, which after a week made him feel better. He told me that he had reduced his drug consumption and also feel less anxious. By repeating this practice for a month I was able to encourage him to participate in social activities for his improvement. It was again through listening that I made him realize his current state and how it was ruining his future. By listening I learned the art of understanding his reactions (Carlson). Listening is a chivalrous thing for a person who is searching for opportunity to speak and share his emotions.

Once I was returning from a trip and I found a seat next to a girl. During the journey we talked about different things and exchanged our experiences of trip. It was a four hours drive to our hometown and we were extremely tired after completing two hours. The bus stopped and asked the passengers to be back after 15 minutes. I was hungry at that time and asked the girl if she is hungry too? She said yes I am hungry. We went to the nearby restaurants and ordered the food and coffee. The girl was confused but didn’t say anything. I really enjoyed that meal and the coffee. When the waiter brought the bill the girl was nervous and I saw that her wallet was missing. I realized that she had no money. I took the money from my wallet and paid the bill. Instead of making her realize that I know what was going on, I just told her that a guy must always pay. Listening to this she laughed and relaxed. I believe this chivalrous thing allowed me to help the girl at the time when she could have felt bad and embarrassed.

Another chivalrous act which I remember was performed during my visit to the cinema. I was really tired and wanted to go home. When the movie ended a 5-6 years old boy came to me crying and asking for his parents. He was really sad and feared that he might has lost them. I took him by hand and told him not to worry I will take him to his parents they are just in the parking. I managed to comfort the child and looked around for finding his parents. I couldn’t see any couple or parent who was searching a child. I went to the receptionist and told to make an announcement about the lost child. She made an announcement on the speaker. After five minutes a couple came and told us that they were looking for their child. This chivalry thing allowed me to help the child meet his parents.

I believe everyone of us encounter different situations in life where we could perform chivalrous acts. These acts are crucial for promoting kindness and prosperity in the society. Any chivalrous act, which I perform, makes me feel good and leads to immense happiness.

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