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**Essay 1:**

Religion and culture have a great influence on the lifestyle of the people. People decisions for different aspects of life are determined by these two factors. Due to the diversity of religion within the world challenges come for nurses and other health providers. It becomes difficult to provide healthcare with cultural competence. For instance, people relate their health with the religion and stereotypes present in society. People refer children health to their deeds and reward of God. People often believe that when they do sins it return as karma their family happiness. Therefore, child disease becomes the outcome of parent's mistakes or sins. These parents due to the high influence of religion, and culture do not give priority to medical treatment. Instead, they try to heal their children with cultural norms and traditions. With time children also adopt these ritual based norms and accept their health issue as an exam from God. When these parents take help from health provider then clash between parent’s preference and care provider decision comes(Sabrina F. Derrington, 2018).

Culturally competent can improve patient healthby meeting the social, cultural and religious need of the parents. Training is important for health giver so they can use different preventions and medications with cultural competence. The health providers should understand that elements like values, behavior, and beliefs are shaped by language, gender, age, occupation, socioeconomic status, race, orientation, and religion. Some religious individuals have strict prayer time which they have to follow so health provider can adjust treatment timing with cooperation. The main purpose is to respect people’s perception. It is important to provide effective and quality healthcare equally irrespective of their cultural or social background. Health providers can reduce the clash by engaging parents in decision making for their child, and also by providing, awareness training, interpreter services, and environment that allows traditional healers(Kimberly L. Reynolds, 2015).

**Essay 2:**

There is a difference between the environment and facilities in the hospital and home. The patient often feels comfortable at home but the environment of hospital is more suitable for faster recovery. Older adults face more difficulties in case chronically illness then a young man because their immune system, physical strength, and psychological health start declining with age. An 82 years old chronically ill man requires proper guidance, resources, and limitations before getting discharge from hospital returning to a single-room-occupancy hotel in an inner-city location because house quality has a direct impact on the health of the person. The room should be in clean, good condition, free from harmful infection, and should have all the facilities that patient needs. It is not easy for the patient to visit the hospital regularly especially for older adults because they often have an issue of immobility. Therefore, nurses should provide proper training to the patient so they can do self-care.

Nurses should make a proper schedule for diet and medicines. The patient should know the timing and dose of the medicines he has to take. In addition, the patient lives in a hotel that means there will be management available. Management should know that the person is chronically ill and sudden medication can be required. Therefore, the nurse should exchange contact with hotel management so that they can access to the doctor in case of any emergency. Cooperation of hotel management is necessary(Nicole E Werner, 2018). The nurse should limit the activity of the patient and provide some resources which can be used for physical activities. In one room it is difficult to walk and move much therefore, nurses can tell some useful exercise that can make patient body and mind healthy. In addition, the patient should be restricted to visit the doctor once in a month or whenever feel ill without any delay.

# **References**

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