Comparative Essay

Your Name (First M. Last)

School or Institution Name (University at Place or Town, State)

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**Introduction**

Religion is one of the main things that point towards the things that create problems for humans. Religion being the guiding light for all helps in solving the problems. There is no doubt that religion does not matter whether its Christianity, Buddhism or Confucian define ways of life by pointing that which things human must avoid for saving themselves from problems. Not only religion, point out issues but also at the same time, it gives solution about how to solve these problems.

**Discussion**

There are various religions in the world and all these religions have different perception regarding the question that why humans face problems in their life. According to Stoicism, losing control over thinking is the main cause of problems. According to Christianity, humans face a problem in this world when they negate or go opposite to the commands of God. As per Buddhism, desires are the main root cause that brings problem in human life. According to Confucianism, humans face problems in life when they did not get the peace that is necessary for achieving happiness.

All these religions not only spot a light why man suffers or faces problem but also gave the solutions as well. Christianity claims that if humans follow the word of God that would keep them on the right track. Stoicism says that acquiring healthy mental states would save humans from problems (Klass,et,al,2018). Also, there has been given a solution by Buddhism and that is taking control over desires would end all the sufferings of humans. According to Confucianism, individual happiness by promoting peace and building relations would save people from problems.

**Conclusion**

It has been seen that all the religions help their followers for living a happy and contented life. All these religions have proposed some ideas about how to solve issues. The idea given by Christianity has strength as it is easy to follow the command of God while Confucianism’s idea has a weakness and that is, in today’s world peace is difficult to maintain. Buddhism has strength in its idea as it could be seen that desire could be controlled easily. Stoicism’s idea is little weak as mental states of people always vary and it’s hard to have a peaceful mental state.

References:

Klass, M. (2018). *Ordered universes: Approaches to the anthropology of religion*. Routledge.