Lifetime Changes

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Although most of the time we don't think about the social norms but it is also a fact that these norms impact our life one way or the other. These are the norms which are considered acceptable for a specific setting or a given situation. There are two main types of social norms which are formal and informal norms. The formal norms are the ones which are based on societal laws. These laws are created for us in society so that we can live peacefully. No matter what type of the norm it is, they change over time and at the beginnings, we will feel odd but with the passage of time, one will get used to it. For example, at first we were told to sit properly in the classroom in a more organized manner, we were told not to speak in front of the teacher but with the passage of time, these norms change a lot. Now if we want to sit at the front row or back row we are sitting in a circle or not it depends on us.

Likewise, we were told to behave in a certain manner while entering the classroom that was more civilized and disciplined. One of the most prominent informal norm that I personally noticed the informality of how very few people dress up. Workplaces are business casual or uniforms for a specific portion of jobs. When I was a kid a dressy outfit was required for the church and if a person does not dress up like that he/she was looked down by the crowd. But today I am so comfortable that I can wear anything that provides modest coverage which is truly acceptable. As far as I am concerned I am ok with the trend and I can even wear jeans to the church. Although at first I feel uncomfortable and it took me a lot of time to convince myself that it is fine to wear jeans but slowly I became comfortable and now I am totally ok to wear jeans or in case of a classroom I am ok to enter the classroom without following the instructions of the teacher as far as I am taking care of the norms and also respecting my teachers.