Reflection Master (MSN) Essential

Student’s name

Institution

Date

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High-quality medical service always grounded in the holistic principles and therefore, NP requires listening and understanding the issues, which each patient face to provide elaborate services. It is also essential to delicately make an effort to dive deeper to understand what a patient is undergoing. For instance, last week, when a patient showed up for refill for Gabapentin for her neuropathy, the patient opened up and illustrated an issue which is affecting her. It is, therefore, important to able to communicate interrogate issues and apply an evidence-based approach to provide a clear solution.

The class prepared me for MSN essential by practicing efficient reading of various related textbooks, other posts, and conducting my research about several illnesses, which generally affect the population. The discussion was also held, focusing on a variety of scenarios that deals with different ages (World Health Organization, 2015). In the process, we had to established different methods which can be used to diagnose pediatrics, geriatrics, and adults. Learning the pathophysiology and diseases help to study how to improve the health of people. According to Kinchen (2015), nursing practitioner core competencies include being able to critically analyze data and evidence to provide improvement for advanced nursing practice. It also includes the ability to integrate knowledge and forms of studies to provide adequate healthcare services. Through research, class, and reading various posts, I can analyze a given condition and provide healthcare service that can provide a better outcome.

The course has to help helpful in improving my understanding of several issues related to healthcare provision. Through class notes, readings, and research, I have come to understand the process of solving several medical problems, which affect the population.

# References

Kitchen, E. (2015). Development and Testing of an Instrument to Measure Holistic Nursing Values in Nurse Practitioner Care. *Advances in Nursing Science*, 2-34.

World Health Organization. (2015). People at the Centre of Health Care. *Harmonizing mind and body people and systems*, 2-35.