Six-Hour D

Author Note

**Six-Hour D**

Students spending time in reviewing, reading and highlighting the answers usually get poorer grades at schools. These students say stuff like "I studied six hours however, I still got a D (Scharff, 2014).

**Response 2**

The students spending six hours to study a chapter and still received D do extra efforts to understand the text without reading that text properly. It would be easy to get a D while u spending six hours on a study. For example, study the chapter without understanding it and without reading it gradually (“The Six Hour D" by Russ Dewey—Google Search,” n.d.). Spend time to read the text and write it and review it and you will get “six-hour D”, spend time to match the question with the answer and highlight the answer would be a strategy to get a six-hour D. These students are deceiving themselves that they have understood the required chapter.

**Response 3**

The students spending time understanding the main theme and idea of the chapter, observe the question to check if it is matching with the answer, then recalling from the memory to retrieve it would be able to avoid six-hour D (Scharff, 2014). the retrieving from the memory after recalling and reading the answer is an effective strategy to get A in the class. This idea can help students to avoid six-hour D in the classes because this would effectively transfer the required information to the student. In this way, students would be able to grasp the main idea of the concerned chapter and can write and answer according to the understanding.

**Response 4**

Engaging ourselves to self-evaluate and self-examine can effectively deliver the required understanding to the students. This is an easy and effective way of getting rid of six-hour D (Scharff, 2014). the method of self-examination is not difficult to evaluate and test ourselves. The students need to read the information, then answer it according to the understanding. After answering re-write the answer in your own words to see whether the information is correct or not. Effectively answering a question would help to test themselves and will ultimately, prepare for the actual exam. This technique is observed in the students getting As. Read the chapter and understand the main idea of the chapter then answer it to yourself would help them avoid six-hour D (Scharff, 2014). for testing themselves by retrieving the knowledge from memory is an effective technique for the students.

**Response 5**

The technique to grasp the knowledge by reading the chapter or information, moving the page back and forth and highlighting the answers is a bad method to answer a particular question. By this method, students usually skip time and waste their time. They generally think that they know the answer and do not self-evaluate themselves (“The Six Hour D" by Russ Dewey—Google Search,” n.d.). They used to answer the question while looking at the book open in front of them would not allow them to grasp the required information. These students are deceiving themselves by moving pages back and forth and answering a question by looking at the open book.

**Response 6**

The students getting six-hour D usually spend more hours in the reading and with an open book they used to deceive themselves that the answers are now prepared. The process of metacognition is a way to get rid of six-hour D (Scharff, 2014). according to psychologists, it is an effective way for students of getting high scores in the examination. Memorizing a bad technique or approach at the college-level learning. It is a superficial way of understanding chapters or answers which will fade away in minutes (Scharff, 2014). Constructing an idea would help students to generate their cues for the questions.

**References**

Scharff, L. (2014, October 13). The Six Hour D... And How to Avoid It. Retrieved November 6, 2019, from Improve with Metacognition website: https://www.improvewithmetacognition.com/the-six-hour-d-and-how-to-avoid-it/

The Six Hour D" by Russ Dewey—Google Search. (n.d.). Retrieved November 6, 2019, from https://www.google.com/search?q=The+Six+Hour+D%22+by+Russ+Dewey