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Response to Mindy Post

Patient empowerment is an essential factor responsible for driving the behaviours of the healthcare consumer in an informed and organised manner. The critical relationship between the patient and the healthcare provider underpins the manifestations of patient empowerment. Primarily, patient empowerment nurtures the values of decisions made by patients that impact their financial and physical health. Mindy’s post thoroughly addresses the challenges faced and their solutions. The decisions made by the healthcare expert ought not to conflict with the independent decisions and choices made by the patient under diverse circumstances.

The discussion stipulated by Mindy is faced by every other expert of healthcare. The role of nurses defines the nature of the patient empowerment witnessed and experienced by the patient(Barr et al., 2015). For Instance, I faced several instances where it remained challenging to make the patients understand the best possible practices for their health, treatment and recovery. It is noteworthy to mention, which was also deliberated by Mindy, I prefer not to influence the decisions made by the patients under any circumstances. It is the essential responsibility of the healthcare experts to reflect the compassionate attitude towards the patients to ease their adversities in a profound manner. Once I faced an issue with a challenge of treating a patient with a critical health condition. For instance, he refused to take chemo. Cancer she was affected with had a high cure percentage, but she preferred to meditate rather than operating.

Furthermore, the limitations of patient empowerment are another critical aspect that ought to be observed in true letter and spirits. The onus relies on the healthcare expert to make sure the patient feels empowered in complicated situations.

References

Barr, P. J., Scholl, I., Bravo, P., Faber, M. J., Elwyn, G., & McAllister, M. (2015). Assessment of Patient Empowerment - A Systematic Review of Measures. *PLoS ONE*, *10*(5). https://doi.org/10.1371/journal.pone.0126553