I HAVE SENT YOU 2 ESSAY EACH OF THEM REQUIRES 150 WORD EACH. PLS PUT EACH RESPONSE BELOW EACH ESSAY.

**Essay 1**

Write a 150 word Observation by telling us about something that you find people believing about the world just because they really, really want to believe it. Maybe they are right, maybe they are wrong – the philosophical question is this: Do they have enough information to back up that belief? Tell us about something that you hear people saying about the world, but you realise how they couldn't really justify it.

There are many things in today’s world which are believed by the people because they really want to believe it without much evidence. The reason is that somehow they want to console and relax about the existence of a particular thing. For example, most of the people believe in karma, that means if you do good, good will come to you and if you do bad, bad will happen to you. Although there is not enough evidence in this idea, and no research has been done, not enough studies have been conducted to support this idea, but even the majority of people believe in this idea because it relaxes their mind. When someone does any harm to them, then they find refuge in this notion that even if they do not have the potential to take revenge, karma will play its role and something bad will happen to the person. By thinking that they become relaxed.

**Essay 2**

**Write a 150 word Observation by telling us about**

1. **One experience you can personally recall that made you feel like you were nothing but a physical body – what you were doing that kept you completely focused on ‘you’ as a body moving in space and interacting with other bodies.**

The one experience that made me feel like Human beings are nothing but a physical body was when my friend was suffering from cancer. At that time all he was complaining about was his pain in the body he was unable to focus on anything. Although the doctors used to tell him to divert his mind on something else the physical pain that we were going through was so intense that we were unable to do that. He used to cry out of that pain. I used to wonder that if we are a combination of body, soul and mind then how come my friend is only complaining and feeling the physical pain. Why cannot his mind and soul intervene and relax him out of the pain? So at that time, my belief became stronger that we are an only physical body.

1. **One experience you can personally recall that made you feel like you were only a mental being – what you were doing that kept you completely focused on your inner mental life as consciousness and made you feel like you had nobody at all.**

The one experience that forced me to think that we are mental being rather than physical was when I had a fracture last year. My doctors told me after a month that I have completely recovered from the fracture. But my mind was not ready to accept the fact and even after complete recovery I was taking support from wheelchair to do all the chores. Everyone around me was trying to convince me that I was physically fit and don't need the, but my mind was not ready to accept that, and even after recovery I was unable to walk on my own. But after a few counselling sessions,, my psychologists convinced me that I am physically fit now and by time and again repeating that to myself I was finally able to walk on my own.

**Be sure to tell us about both kinds of experiences you have personally had.**

**My Essay**