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**Misconception about Psychological Disorders**

Psychological disorders among individuals is not a new phenomenon. In fact, psychological disorders are a common thing among the people since very old times. There are multiple taboos related to psychological disorders.

The area of psychology has always been a victim of certain myths and misconceptions from a long time which hinders the treatment of a patient and his or her condition worsens with time. Many cases have been observed in which the family or people living in the surroundings of the patient did not take the psychological disorder seriously, which resulted in grave consequences like the death of the patient (Corrigan). Many patients have been reported to take their own lives due to the constant delay in the treatment.

One of the most ridiculous misconceptions or myth that has been surrounding the psychological disorders is that there is no such thing like mental illness but it is the mischief of evil spirits. It may sound funny but these concepts still exist (Yuan). This trend is more common among the rural population as compared to the urban people.

 Another major wrong concept about mental illness is that a person with a mental disorder is mentally retarded and they cannot perform any function normally. People consider a person with even a little mental psychological disorder a mad and do not consider him or her capable of doing anything (Quinn). In fact, there is a great misconception in the society that the people suffering from any mental disorder are dangerous and can harm anyone at any time.

 In the end, is appropriate to say that all the myths or misconceptions related to the psychological disorders are totally false. All the stories are made and baseless. People need to realize that mentally ill people are totally normal just like any other individual and they can perform all the normal activities of daily life in a normal way and they are not dangerous at all.

Works Cited

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