Topic 7: Personality Disorder Chart

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**Part 1:** Complete the chart below by selecting two different personality disorders and listing the main symptoms of the disorder**.** Include a minimum of four symptoms per disorder.

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| **Personality Disorder** | **Main Symptoms (DSM Criteria)** |
| 1. **Obsessive-Compulsive Personality Disorder**
 | The essential symptoms of this disorder include impairment in personality functioning, i.e., identity and self-direction, interpersonal functioning, e.g., empathy and intimacy, exhibiting the personality traits of grandiosity and attention seeking. Moreover, to be diagnosed with this personality disorder, it is also important that these symptoms must not be due to substance use as well as symptoms must also be consistent over time (American Psychiatric Association, 2013).  |
| 1. **Narcissistic Personality Disorder**
 | Symptoms of this personality disorder include the showcase of traits including negative affectivity such as perseveration and taking too long on task. Moreover, symptoms also consist of compulsivity such as rigidity regarding perfectionism and difficulty changing ideas. For the diagnosis of this personality disorder, the symptoms must not be due to substance use. Also, the symptoms must be consistent over time (American Psychiatric Association, 2013). |

**Part 2:** Provide short answers of 50-75 words each for the following questions/statements. Do not exceed 100 words for your response. Use the textbook, and any other scholarly resources to support your responses. Include at least one scholarly, evidence-based source per response.

1. What are the challenges associated with treating a person diagnosed with a personality disorder? Include at least two challenges in your response.

Challenges with the treatment of personality disorder include the following:

1. The problem related to the diagnosis of personality disorders serves as one of the most significant challenges. Personality disorders and psychological disorders showcase the similar or associated symptoms, which leads towards the misdiagnosis of the personality disorder and that further leads to the mistreatment of that disorder (Bateman et al., 2015).
2. Another problem includes the modifications and changing of the core believes, as in most of the personality disorder there is the major role of impaired self believe, which serves as a challenge in the way of treating these disorders permanently (Bateman et al., 2015).
3. What is the relationship between substance use and personality disorders?

The relationship between personality disorders and substance abuse can be regarded as the fact that substance use tends to show similar symptoms to so many psychological as well as to personality disorder. Furthermore, it is also considered to be co-morbid with many of the mental disorder, however considering the treatment of both symptoms as a display by disorders and the use of the substance is different (McCarter et al., 2016).

References

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McCarter, K. L., Halpin, S. A., Baker, A. L., Kay-Lambkin, F. J., Lewin, T. J., Thornton, L. K., ... & Kelly, B. J. (2016). Associations between personality disorder characteristics and treatment outcomes in people with co-occurring alcohol misuse and depression. *BMC psychiatry*, *16*(1), 210.