Nursing Theories

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**Summary**

 In this article, the author is pointing towards the freedom of the nurse’s action in facilitating social justice. In this article, it has been claimed that social justice is enrooted in nursing's epistemology, moral and ontological. It is important for fulfilling the mandate of the nurse to engage in actions on behalf of social justice and for promoting social justice, it becomes necessary for the nurses to liberate them from institutional confinement. In this article, a disciplinary model has been proposed by Bernard Lonergan that is based on effective and essential freedom. A great opportunity has been provided to the reader to think about the role of nurses for social justice. Justice could be viewed as the only factor that engages society in social change and social criticism. One of the central notions that has been pointed out, is the idea of social justice used for nursing purposes. Authors in this study are pointing towards the disproportional distribution of sources and the burden of diseases that are directly linked with the environmental and socioeconomic factors of the people. Nursing and social justice go hand in hand. According to a document, presented by Nursing's Social Policy Statement, it throws light on the professional roles and social responsibility of the nursing that they have to be careful of in the healthcare system (Reed et al, 2019). Perspectives of nursing are said to the confined in the ethics that have been changed over time. One of the unifying focuses of this discipline (nursing) is facilitating humans, their choices, dying, living and healing. Nurses, for providing social justice, need to liberate themselves from the prevailing medical restrictions and paradigm. Internal and external factors have been mentioned in this article as controlling factors that may influence social justice. Nurses must have essential freedom so that they could contribute well to the process of social justice.

**Response**

 Taking into account the nursing theory, it has been seen that there are four major concepts i.e. person, health, environment, and nursing. One of the most appealing points that have been mentioned in this article is, social justice is taken up as a responsibility by the nursing profession. They believe that for fulfilling the assigned duty of doing justice to all, they have to set out of the paradigm of the conventional nursing profession. Another major thing that must be appreciated in this article is that the attention of the readers has been brought towards the practical factors that affects the process of providing and claiming social justice (Fitzpatrick et al, 2019). Internal and external factors i.e. socioeconomic conditions and fears intervene when it is about making a choice. In the light of the nursing theory, there is just one area that was not given much weight in this article i.e. how nursing staff could avoid the things and situations that may impact the healthcare delivery and behavior of the nursing students. One of the loopholes that needed to be addressed more carefully was that essential freedom of nurses comes with professional liberation but this has not been elaborated well in this article.

 Nursing theories are the bodies of knowledge that define what is nursing, what role nurses play and why do they perform certain duties. At present, being a practicing nurse, I would say nursing is one of the four major concepts of the nursing theories that guide me while performing my responsibility. All the attributes and actions of the nurse provides care to the client (Perry et al, 2017). Being a nurse, I need to know the concept of nursing i.e. providing service to the clients. Term nursing is linked to goals, roles, and functions. This concept of nursing helps me a lot in understanding what is expected from me and what are the roles I need to perform being a practicing nurse.

 Nursing defines the functions which help me in knowing how I could come to, how I have to fulfill the duties being assigned to me. Considering nursing is important for me as it takes me closer to gaining experience that would help me in my professional growth. Though the perspective of the experts differ when its about “nursing” (one of the nursing theories). This nursing concept (nursing) makes me aware of the fact that the patient is the central character who is being focused on all the healthcare systems. One of the central things that I understand about the "nursing" (nursing theories) is that it means putting patients in the best possible condition for nature so that I could act on the patient. Another unique function of nursing is to assist sick as well as the healthy for performing daily life activities at their best.

References

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