Discussion Research

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Caring for Vulnerable Populations

In the modern era many challenges affected the societies worldwide. The major issues include traumas, disasters, and natural catastrophes which led masses toward a vulnerable population. In this study, we will discuss the vulnerability caused by natural catastrophe and its effects on society. Our focus is to study the effects of storm surge flooding, and its effects on the community by the East Boston. There are two major challenges faced by the government and other agencies, first the socioeconomic issues of the vulnerable population. Second, the process of collaboration among the multilevel stakeholders(Krishen et al., 2018). East Boston is the neighborhood of Boston and Massachusetts.

The empowerment of the vulnerable population is vital to heal and recover their losses. First, psychosocial support is very important. Secondly, access to the basic needs of life, and move them to safe places. Third, the affected people should be given medical support, and especially to the children, infant, pregnant women, and elders. These disasters mostly have three major impacts on the affected population. It affects the mental health, physical health, and the community health impact of the vulnerable population(Ferrera et al., 2015). We have observed that the minority groups are mostly at higher risk for all kind of environmental disasters and hazards. So they need more attention and care regarding food security and public health. The continuously exposed to the risk of disasters communities must be provided with more facilities than settled areas. The strategies to cope with such disasters are to engage more stakeholders in conversation regarding climate change and public awareness.

Disasters like the Katrina and Harvey left a long term damaging effects on the communities and the economy of the states. According to Ospina, (2017) mostly these calamitic catastrophes have affected minorities and low-income people. It is inevitable to empower these population to survive and recover both physically and mentally. They also need immediate support from the government to maintain a stable financial position in society.

**References**

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