DNP 815 WK 1

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**Introduction**

The nursing profession is not just a job or career. It is a responsibility on which our personal belief, ethics, and point of view impact. Every individual who selects nursing as a profession must acquire a specific world view. A world view is different from the average person. Nurses become the reason of health and death of the people. Efficiency and passion of nursing depend on various factors coming from the mindset of the nurse. The way the nurse sees the world, impact her duty and responsibilities to bring the change in the patient's health. Codes of ethics, beliefs, behavior and knowledge are some of the factors that helps nurses to peruse their career.

**Discussion**

Every individual acquires values and belief from society, religion, and family. These beliefs help in the psychological development of individuals. Every individual has a unique personality which is different from the other. Some individuals are a concern for others while some concern for themselves only. However, I personally believe that most of the people are kind and good in nature. Even the selfish person shows love and cares for some people around them like family or friends. The individual does not take birth with negativity. It is the circumstances and life experiences that can make an individual bad or negative. In addition, the individual acquires unlimited potential but he can get success in the potential for which he is passionate about. Natural talent needs to be discovered and follow on time. Besides natural talent, the individual has the ability to learn. He can increase his ability and skills through useful knowledge and information. He can take help from other people in learning and difficulties. Relationships play the most significant role in the formation of a person's personality (Tilburt, 2010).

These beliefs and perspective about the individual person influence my approach to patients. It is not possible that a nurse has only good experiences from the patient. Sometimes patient shows bitterness and imprudence for nurses. However, it is the responsibility of the nurse to manage the situation. The behavior of the patient depends on his current condition. I believe that no individual can be completely selfish or bad and it is the experiences that bring the psychological changes. This mindset is helpful for me to approach to patients. Patients with rude attitude do not affect my mood or thoughts. In addition, my worldview helps me to observe the patient how much he is willing to be healthy. It is because nurses are helpers only. It is the patient's willingness to be healthy. When the patient shows interest in his health and cooperates with the nurse, it becomes easier for himself to be healthy again. My beliefs bring positivity, calmness, respect, and professionalism (Nikfarid, Hekmat, Vedad, & Rajabi, 2018).

Environment plays a vital role in the field of nursing. The attitude and behavior of the nurses get affected by the environment in which they are working. There are numbers of factors that constitute the environment. It includes the behavior of seniors, staff and patients, ethics of the organization, lower rates of workplace violence, and less moral distress. When a nurse enters in practical life and starts working for an organization then these factors influence not only her behavior but also the work quality. Non-cooperative staff, patient, or management make it difficult to perform the duty. Unfortunately, there is some organization who has the aim to increase profit rather than health. These kinds of organizations result in conflict between their code of ethics and the nurse's personal beliefs and code of ethics. Hence, lower rates of workplace violence, less moral distress, respect, and cooperation of the staff constitute the environment and result in quality improvement of nurses. In other words, there is a positive relationship between the interaction of individual and environment. When the individual finds a favorable environment, his interest, and focus increases. While when there is the negativity in the environment, the person feels difficult to perform his duty or even stay in that environment (Problems, 1990).

Health is the blessing of God. People work hard to earn money so that they can get basic necessities of life. The main aim of earning is to increase the living standard which can be achieve with the good health. It is the state of complete physical, psychological, and social well-being. While illness is the condition when a person feels something wrong in his physical or psychological well-being. Illness or lack of health is influenced by ethnic beliefs or tradition, socioeconomic status, bad environment or diet. Health is a continuum where illness and wellness both are its ends. Nursing is not just a science, it is an art as well. Art of giving patient motivation, guidance, inspiration to work for good health. Nurses are responsible for illness-wellness continuum. It is our duty to give the information to our patients that what is good or bad for their health. Health is a basic component that develops the relationship between patient and nurse. The patient put their trust and believe in us. They believe that we can help them with good health. It is the responsibility of every individual to take care of health and take help whenever he faces health issues (Rovesti et al., 2018).

Health is the main reason for the existence of nursing. It helps in improving the quality of life by giving sufficient knowledge to the people. The nurse is helpful for the patient who cannot take care of themselves. Nurses do not develop the relationship with the patient only, she trains the family members of the patients as well. She gives guidance, moral support, and comfort to the family of the member so they can help the patient to acquire good health. It is necessary to apply the nursing knowledge because without it health quality or condition of the patient cannot be improved. I believe, nursing is the chain of the steps including assessment, diagnosis, plans, implementation, and evaluation. Through this chain, the nurse makes it possible to complete her duty. Responsibility is another main reason for the existence of nursing. It is true that nurses are highly paid but I believe that no nurse enters in this field to become financially stable. Nurses have the power to take the responsibility to give high-quality, ethical, and professional care to the patients. Calmness, respect, and consideration are the main qualities of the nurses. The nurse is the combination of science and arts that work for the well-being of people and for me it is the most respectful profession (Coghlan, 2019).

**Conclusion**

Nursing is a profession with a number of responsibilities. The worldview of the nurse and her beliefs, thoughts, and personality directly impact her work. Positivity is the main component for the nurse. With positive worldview, nurses become able to create a good relationship with their patients. In addition factors like the behavior of seniors, staff, and patients, ethics of the organization, lower rates of workplace violence, and less moral distress constitute the environment. Health is continuum where illness and wellness both are its ends. Health is the central reason for the existence of nursing. The bottom line is nurses' personality, beliefs, and nature impact the profession directly.

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